

# An invitation to help overcome one of the greatest health challenges of our time.

There has been great progress in the fight to overcome stroke and reduce its impact on Australians. But we have a long way to go.

Will you make a compassionate, powerful and long-lasting gift to help end stroke?

Please consider including a gift to the Stroke Foundation in your Will. Your bequest gift – of any size – will help in the fight against stroke.

The Stroke Foundation is the only national charity dedicated to preventing stroke, and helping stroke survivors and their loved ones.

By supporting this work through a gift in your Will, you can spare more Australians from the suffering caused by stroke, and give stroke survivors the best possible support and comfort.

Your legacy can be freedom from stroke for future generations of Australians.

# Stroke causes pain and despair for far too many Australians and their loved ones.

Sadly, stroke doesn't receive enough funding – especially when compared to other major illnesses like heart disease and cancer. Yet:

- Stroke is one of Australia's biggest killers, and a leading cause of disability among Australians.
- 1 in 6 people will have a stroke in their lifetime.
- Stroke kills more women than breast cancer, and more men than prostate cancer.
- Over 450,000 people in Australia are living with the effects of stroke. The number of stroke survivors is predicted to increase to one million by 2055.

A gift to the Stroke Foundation in your Will can help make realistic and achievable improvements to stroke prevention and care.

Your gift will reduce the loss, hardship and sadness that stroke causes today.

Whenever the time is right for you, please include a gift in your Will to the Stroke Foundation.

## Our kind-hearted supporters are already helping create a future free from stroke.

#### Betty & Gerhard Bohn

Launceston, TAS

Gerhard lost his mother to a massive stroke one Christmas day. So when he learned his wife Betty had suffered a stroke, he feared the worst. Thankfully, Betty was diagnosed quickly and received the best treatment, care and rehabilitation. Still, her stroke has left her with lasting impairments.

Both Betty and Gerhard have included a gift to the Stroke Foundation in their Wills. "We don't want others to go through the pain and suffering we have," Betty says.





Dolores' nursing graduation in 1964

#### **Dolores Bennett**

Mermaid Waters, QLD

Having devoted a lifetime to nursing, Dolores knew about stroke all too well. But nothing could have prepared her for the shock of losing her husband, John. Dolores had to make the heartbreaking decision to turn off John's life support after he suffered a massive stroke. It's an experience she never wants anyone else to go through. That's why she's thoughtfully included a gift to the Stroke Foundation in her Will to help fund more research.

#### Gina Wilson

Eltham, VIC

Gina has seen her fair share of suffering. Her mother was badly affected by stroke soon after Gina was born, and like many of us she has friends who have suffered strokes. Gina has included the Stroke Foundation in her Will because of the terrible disability she has seen stroke cause the people she loves. She believes the future can be different for sufferers and feels fortunate that she is in a position to help.



Gina with mum Joyce in 1952

## Choosing the right gift for you and your loved ones.

Gifts in Wills come in many different shapes and sizes. Of course, your loved ones come first. Many of our supporters have chosen to leave 90 percent of their estate to family and loved ones, with the remaining 10 percent divided amongst the charities closest to their hearts.

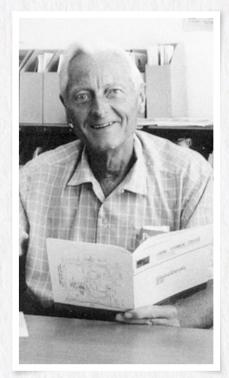
No matter what your personal situation, you can choose to make a long-lasting and important difference.

Please speak to your solicitor about the type and size of gift that's right for you.

### Doug McMillan Cottesloe, WA

Doug lived a full and active life. He chose to leave gifts to numerous charities when he passed away at 89. His friend Linda remembers Doug fondly. "He always considered himself as having been fortunate in life, and wanted to do something for others."

Doug generously left a gift to the Stroke Foundation, which is being used wisely to fund the best research and help beat stroke.





Joy & Allen Barton

Lake Macquarie, NSW Joy's beloved husband Allen received support from the Stroke Foundation when he experienced a series of "mini-strokes".

Sadly, Allen died of stroke two-and-a-half years later.

Joy told us she strongly believes the extra time she got to spend with her husband was thanks to research, support, and advice funded by the Stroke Foundation.

She was particularly grateful that Allen got to enjoy his 80th birthday party with his family. Tragically, Joy also suffered a stroke shortly after her 81st birthday. She generously left a gift to the Stroke Foundation in her Will. This was Joy's final gift, made in loving memory of Allen.

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## How to include a gift in your Will.

There are lots of ways you can make sure your loved ones are provided for AND still leave a gift to the Stroke Foundation.

Here are the simple steps you can take if you make the thoughtful decision to include a gift to the Stroke Foundation in your Will.

#### Step 1 Think about the size and type of gift you want to include in your Will

Most of our supporters choose to leave a proportion of the remainder of their Estates, after they have taken care of loved ones. This is called a "residuary bequest gift". Every gift we receive – no matter the size – is important. Talk to your solicitor about the most appropriate gift for your circumstances.

#### **Step 2** Decide if you want your gift to go towards something specific

You may want your gift invested in an area of personal importance to you, but the work of the Stroke Foundation is very broad, and constantly evolving. It's important we have flexibility to invest your bequest in the best possible way. Most of our supporters choose to include a gift for "general purpose", but if you would like to discuss how your gift will be used you can contact our Gifts in Wills team.

#### Step 3 Speak to your solicitor about including a gift when you next update your Will

Ask your solicitor or Trustee Company to include your chosen gift to the Stroke Foundation when writing or next updating your Will. You might like to take along a copy of this booklet, which has all the information your solicitor needs.

#### Suggested wording for your Will

Including a gift in your Will is such a simple thing to do. You can ask your solicitor to insert the following clause into your Will:

I give free of all duties or taxes...

[Please insert here the appropriate statement selected from the 6 options below:]

- 1. the whole of my estate
- 2. [insert number] % of my estate
- 3. the residue of my estate
- 4. [insert number] % of the residue of my estate
- 5. the sum of \$ [insert value of your gift]
- 6. [insert number] of my [insert name of shares] shares

...to the Stroke Foundation (ABN 42 006 173 379) for its general purposes. The official receipt of the organisation shall be a full and sufficient discharge to my executor.

#### Gifts in Wills

your questions answered.

#### How do I leave a gift to the Stroke Foundation in my Will?

You can use the suggested wording in this booklet as a guide when speaking to your solicitor or Trustee Company. It is important that bequests are left to the Stroke Foundation (ABN 42 006 173 379).

#### How much does including a gift in my Will cost?

The cost of putting together your Will depends on how complex your personal affairs are. Ask your solicitor for an estimate. You can include a gift to the Stroke Foundation whenever you write or next update your Will.

#### Do I have enough money to leave a gift in my Will?

Thousands of everyday Australians include charitable gifts in their Wills – it isn't just something the rich and famous do. Every gift – no matter how large or small – adds up and helps to create a future free from stroke.

#### Can I add a gift to the Stroke Foundation to my existing Will?

Yes – it's as simple as adding an amendment to your existing Will. You will need the help of your solicitor, so contact them.

#### How do I make sure my loved ones don't miss out?

We understand your loved ones come first. Most of our supporters include a gift to the Stroke Foundation AFTER they have taken care of family and friends. Ask your solicitor or Trustee Company about the best way for you to do this.

#### How will my gift be used by the Stroke Foundation?

Your gift left for general purposes will provide the Stroke Foundation with the flexibility needed to respond to critical priorities in the future. If you would like your gift to go towards something specific, please contact the Gifts in Wills team.

#### Should I tell you once I've included a gift in my Will?

You can tell us you've included a gift in your Will if you want to. We'd love to hear from you if that's what you choose, so we can thank you for your thoughtfulness. We can also give you a choice about how you would like us to communicate with you in future.

For further information or to ask us any questions, please call the Stroke Foundation's Gifts in Wills Team on 1300 194 196 or email giftsinwills@strokefoundation.org.au

## Our promises to you.

When people are kind enough to remember the Stroke Foundation in their Will, these are the promises we make to you.

- We will use your gift carefully and wisely so it can have the greatest impact for the stroke community.
- We will give you and your loved ones the opportunity to be connected with the work you are supporting.
- We will handle your gift with care, sensitivity and respect.
- We recognise and appreciate that your Will is completely personal to you.
- We also realise that, rightly, your family and loved ones always come first.

We publish independently audited accounts each year so that you know how your donation is being used.



You can contact our Gifts in Wills Team if you have any questions about including a gift in your Will.

#### Contact us

- **2** 1300 194 196
- @ giftsinwills@strokefoundation.org.au
- strokefoundation.org.au/giftsinwills