

2025 Impact Report

strokefoundation.org.au

Acknowledgement of Country

Stroke Foundation respectfully acknowledges the Traditional Owners and Custodians of Country throughout Australia and acknowledges their continuing connection to land, water, sky and community. We pay our respect to the peoples, cultures, and Elders past and present for they hold the memories, culture and hope of their peoples.





Acknowledgement of Lived Experience

Stroke Foundation acknowledges the individual and collective expertise of those with a living or lived experience of stroke and their carers. We recognise their vital contribution at all levels including advocacy, program design and research. We value the courage of those who share this unique perspective so we can learn and grow together to achieve better outcomes for people living with stroke.

Survivor of stroke Rachael (top left), with her family.

About Stroke Foundation

Stroke Foundation is a national charity that partners with the community to prevent stroke, save lives and enhance recovery.

We stand with survivors of stroke and their families, health professionals and researchers. We raise awareness and support new treatments. We help survivors live their best life after stroke. We are the voice of stroke in Australia.

We work to:

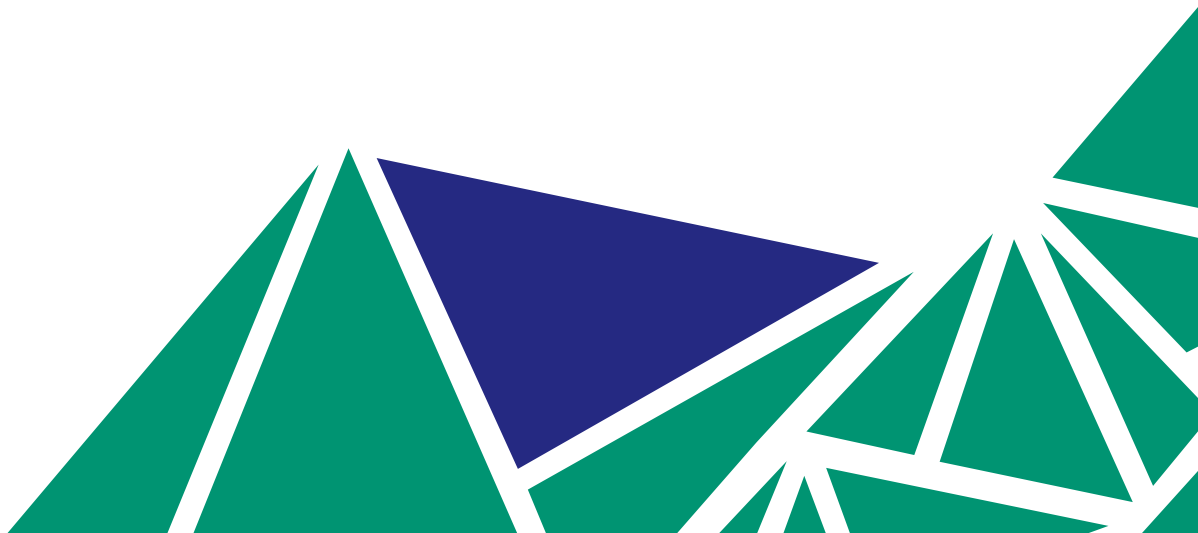
- › Raise awareness of stroke risk factors and signs.
- › Promote healthy lifestyles.
- › Improve stroke treatment to save lives and reduce disability.
- › Improve life after stroke for survivors of stroke.
- › Support stroke research.
- › Advocate to prevent, treat and beat stroke.
- › Raise funds to keep our mission going.



Stroke Foundation staff, Board members and survivors of stroke.

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Chief Executive Officer's Message

When I reflect on 2025, I see a year defined by momentum. A year where strategy translated into action, partnerships strengthened, and impact deepened.

A year where we made meaningful progress across prevention, treatment and recovery – advancing our mission and strengthening our voice for the 440,000 Australians living with stroke.

We began the year by launching *Strategy 2027: Stronger Together*, developed in collaboration with our stroke community and endorsed by our Board. This strategy introduced a new vision grounded in lived experience: fewer strokes, better outcomes, support and care for all. It also sharpened our focus on two priorities: advocacy and rehabilitation.

With 80 per cent of strokes being preventable, we worked with our partners to address modifiable risk factors. In partnership with Heart Foundation, we progressed the new lipid guidelines, and through our work with Heart Foundation and the National Hypertension Taskforce, we progressed new guidelines for managing high blood pressure. Our Australia's Biggest Blood Pressure Check campaign reached more than 6.7 million Australians.

Under our Save Lives pillar, we continued to provide our world-leading *Living Clinical Guidelines for Stroke Management*. We reviewed more than 6,000 scientific publications and updated over half the recommendations to reflect the latest evidence. Viewed more than 117,000 times, the Guidelines are helping clinicians deliver faster, more consistent evidence-based care.

With our clinical partners, we progressed the quality improvement goals of the 30/60/90 National Stroke Targets – work that is shaving life-saving minutes from stroke onset to treatment. Twenty-six stroke units have now achieved certification, a powerful marker of progress toward high-quality hospital care. We also continued our partnership with the Australian Stroke Clinical Registry (AuSCR)

to develop and refine the data collection platform and priority areas for improvement, and celebrated services and clinical leaders delivering excellence.

Recovery and life after stroke remained central to our mission. In 2025, we supported around 2,500 survivors, families and carers through StrokeLine, with 95 per cent of StrokeLine service users saying they would recommend the service. More than 86,000 people connected through our peer support platform EnableMe – a reminder that no one should navigate stroke alone.

We are proud of these highlights in the recovery space, but we know this area needs a more concerted and coordinated approach. That is why we established a National Stroke Rehabilitation Taskforce with work commencing in 2026. The Taskforce will drive system reform to improve access to rehabilitation and long-term recovery support.

Childhood stroke is a cause close to our hearts. We were proud to launch the inaugural Childhood Stroke Awareness Week in March 2025. This campaign, co-designed with kids and families impacted by childhood stroke, delivered new resources, information and merchandise. Our awareness campaign helped us reach more than 716,000 Australians through media coverage and a further 113,000 online.

On World Stroke Day (29 October), we hosted the 2025 National Stroke Awards where we proudly celebrated survivors of stroke, carers, health professionals, researchers, fundraisers and advocates who have driven positive change in stroke prevention, treatment and recovery. The event showcased the true heart of our community defined by compassion, resilience and clinical excellence.

Equity and advocacy remained a core focus marked by the launch of our second *Reconciliation Action Plan (Innovate)* and our proactive engagement with decision-makers across the country. Together with survivors and families, we secured continued funding for

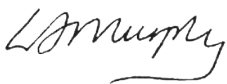
critical programs and strengthened the case for greater investment across the stroke care continuum.

We continued to lead in lived experience involvement. In 2025 we were appointed to support the Lived Experience Group for the Centre of Research Excellence in Accelerating Stroke Trial Innovation and Translation. As part of our 2025 research grant round, we launched our first Lived Experience Future Leader grant, supporting people with lived experience to build their capabilities in research involvement.

Fighting stroke is not a solo mission. It takes clinicians, researchers, donors, corporate partners, policymakers, government and alliance partners working together. Above all, it takes the courageous voices and sustained involvement of survivors and their families. To each of you, thank you.

None of this would have been possible without the support of our Board and a team of dedicated staff and volunteers. They all bring their best to Stroke Foundation because they genuinely care about what we are striving to achieve. In 2025, we strengthened our Executive Team with three new members ensuring we have the leadership capacity and capability to deliver on *Strategy 2027: Stronger Together* and drive the change our community deserves.

Next year, Stroke Foundation turns 30! As we approach this milestone, our focus is firmly on the future. A future where stroke is recognised as the national priority it demands. Where prevention is embedded in policy. Where treatment is timely and equitable. And where every person impacted by stroke has access to the rehabilitation, support and community they need. Not only to survive, but to live their best possible life after stroke.



Dr Lisa Murphy
Chief Executive Officer



“

Fighting stroke is not a solo mission. It takes clinicians, researchers, donors, corporate partners, policymakers, government and alliance partners working together.”

President's Message

Each year I have the privilege of reflecting on Stroke Foundation's progress, and in 2025 that progress was unmistakable.

This was a defining year for our organisation. The launch of *Strategy 2027: Stronger Together* marked more than a strategic reset. It reaffirmed who we are and where we are heading. Developed in partnership with our stroke community and endorsed by the Board, the strategy sets a clear direction for the years ahead, grounded in evidence, equity and lived experience.

Throughout the year, we saw that strategy translate into action.

The 2025 National Stroke Awards highlighted extraordinary leadership within our community. Survivors, carers, clinicians, researchers and advocates continue to raise standards of care and inspire change across Australia. Our David Brownbill Bequest Society events strengthened relationships with supporters who share our commitment to long-term impact. We also marked a proud first with the launch of Childhood Stroke Awareness Week, a community-led initiative that reflects our commitment to recognising and responding to emerging priorities.

Lived experience remains central to our mission. Survivors of stroke and their families help shape our priorities, inform our advocacy and hold us accountable to the outcomes that matter most. Their contribution was evident across our programs, from StrokeSafe volunteers delivering vital awareness messages nationwide to community representatives contributing to policy discussions and key events.

The Board was particularly encouraged by the strength of our advocacy in 2025. Stroke Foundation played an active leadership role within national alliances, including collaboration with the Australian Stroke Coalition and Australian Stroke Alliance to progress the 30/60/90 National Stroke Targets.



We contributed to the *Neurological Alliance Blueprint for Action for Neurological Conditions*. We also continued to drive momentum through the National Hypertension Taskforce to reduce rates of uncontrolled high blood pressure.

These partnerships are essential. Meaningful system reform requires collaboration, and Stroke Foundation continues to demonstrate its ability to convene, influence and lead at a national level.

We also remained focused on delivering high-quality services. StrokeLine continues to provide trusted guidance to survivors and families, and the development of new mental health resources reflects our growing understanding of the complexity of recovery after stroke.

“

Meaningful system reform requires collaboration, and Stroke Foundation continues to demonstrate its ability to convene, influence and lead at a national level.”

Investing and partnering in research is a key part of Stroke Foundation. Our seed grant program is particularly powerful in this regard, providing critical early funding that allows promising ideas to grow and supports the brightest minds to stay in stroke research. Time and again, we have seen these small but strategic investments grow into larger scale research programs, attracting significant national and international funding and advancing knowledge in stroke prevention, treatment and recovery.

There is still much work ahead with stroke remaining one of Australia's leading causes of death and disability. The Board is confident in our strategy, the capability of our leadership and staff, and the clarity of our purpose.

On behalf of the Board, I thank the Stroke Foundation Executive Team, our staff, volunteers, partners, donors and the stroke community for their commitment throughout 2025. Your contribution enabled real and measurable progress.

I feel deeply privileged to serve as President of this remarkable organisation. The commitment of our people and the strength of our direction give me great confidence that the future of Stroke Foundation is not only strong, but full of opportunity.



Emeritus Professor Linda Kristjanson AO
President

Governance

Since 1996, Stroke Foundation has been led by an independent Board of Directors. The Board is guided by expert health professionals and researchers in stroke. They are informed by survivors of stroke, carers and their families. Several committees support the Board:

- › The Audit, Finance, Investment and Risk Committee oversees financial performance
- › The Governance and Nominations Committee supports good governance
- › The Philanthropy Committee advises on fundraising
- › The Research Advisory Committee guides our research program
- › The Clinical Council provides technical advice and support
- › The Lived Experience Council represents the views of survivors of stroke and carers across Australia

Our Patrons & Ambassador



Patron-in-Chief
Her Excellency the Honourable
Ms Sam Mostyn AC



Patron
Mr David Brownbill AM



Patron
Sir Gustav Nossal AC CBE



Patron
Lady Marigold Southey AC



Ambassador
General the Honourable
Sir Peter Cosgrove
AK CVO MC (Retd)

Strategy 2027: Stronger Together

Our Vision

Fewer strokes, better outcomes, support and care for all.

Our Mission Pillars

Our Mission	By 2027
<p>Prevent Stroke</p> <p>We seek to prevent stroke by advocating, raising awareness and building partnerships to reduce stroke risks for all Australians</p>	<p>Achieve national progress towards reducing the main risk factors for stroke</p>
<p>Save Lives</p> <p>We support and empower hospitals and healthcare professionals across Australia to deliver excellent stroke care</p>	<p>Improve access and delivery of evidence-based stroke care</p>
<p>Enhance Recovery</p> <p>We connect people living with the impacts of stroke to information, support and services throughout their life</p>	<p>Reach people with impactful products and services that align with their needs</p>

Enabling Goals



Empower our people to deliver on our mission



Align our research for greatest impact



Grow our profile and funding for mission activity



Advocate for our community



Enhanced and secure digital capabilities

Guiding Principles



The voice of stroke in Australia

A Year of Progress Toward Strategy 2027

2025 marked the first year of *Strategy 2027: Stronger Together*, and we made meaningful progress in each of our eight mission and enabling goals. Across 29 key strategic activities, 25 were achieved or are on track, with four identified as requiring further focus in the year ahead.

Highlights included:

- › Australia's Biggest Blood Pressure Check (ABBPC) delivered triple-digit growth across key metrics
- › Delivered world-leading *Living Stroke Guidelines*
- › Progressed the 30/60/90 National Stroke Targets.
- › Established a National Stroke Rehabilitation Taskforce
- › Renewed partnerships approach targeting key decision-makers
- › Advanced health equity for priority communities and connected people to support after stroke
- › Internally, we strengthened our workplace culture, governance, and commitment to equity, diversity and inclusion.

While some areas require focus for 2026 and 2027:

- › Atrial fibrillation project planned for 2026
- › Advocating for increased stroke research funding
- › Increasing the number of stroke services who have received Certification.

Our progress in year one reflects a strong foundation for the work ahead.



Australia's Biggest Blood Pressure Check activation at Melbourne's Southern Cross Station.



86 per cent of strategic activities achieved or on track in year one

Prevent Stroke

We seek to prevent stroke by advocating, raising awareness and building partnerships to reduce stroke risks for all Australians.



3-year goal

By 2027: Achieve national progress towards reducing the main risk factors for stroke.

Eighty per cent of strokes can be prevented. The key risk factors include high blood pressure (hypertension), atrial fibrillation (an irregular heartbeat), high cholesterol, diabetes, smoking, lack of exercise, poor diet and unhealthy weight. These risk factors are shared with other health conditions. Prevention needs long-term, collaborative effort.

We are committed to reducing the number of preventable strokes through partnerships with other health organisations, sector partners and government. We advocate, build partnerships and run campaigns to promote good health, encourage regular health checks and help people follow their treatment plans.

Stroke Prevention Advisory Committee

The Stroke Prevention Advisory Committee gave expert advice on a range of policy consultations and resources. These included:

- › The Quit 'Smoking and cardiovascular disease' factsheet for health professionals (developed with Stroke Foundation and Heart Foundation)
- › National Hypertension Taskforce position statement on 'Potassium-enriched salt for patients with hypertension'

- › National Hypertension Taskforce position statement on 'Automated Office Blood Pressure Measurement'
- › Productivity Commission 'Inquiry into delivering quality care more efficiently'.

Living Well After Stroke

The Living Well After Stroke (LWAS) program supports survivors of stroke and TIA (transient ischaemic attack) make healthy changes. It helps them reduce the risk of having another stroke. People can choose a one-to-one session with a StrokeLine health professional or a group program. Group participants attend five online sessions over eight weeks.

The Australian Government funded the national LWAS program in 2025. 553 people took part. Ninety-one per cent of group participants said their health habits had improved.

In Tasmania, 18 participants completed a state-specific targeted behaviour change program with the support of the Tasmanian Government. Ninety per cent of participants said the program had greatly benefited their health.

Australia's Biggest Blood Pressure Check

Australia's Biggest Blood Pressure Check (ABBPC) campaign is now in its 12th year. In 2025, ABBPC grew its reach and impact to raise awareness of the link between high blood pressure and stroke.

- › Media mentions rose from 114 to 363 (up 320 per cent)
- › Potential media reach grew from 1.2 million to 3.7 million people (up 308 per cent)
- › Digital ads reached 3.1 million people (up 7 per cent)
- › One hundred and sixty-three blood pressure wallet cards were distributed through a social media campaign
- › Email marketing to supporters reached 35,000 people, up 75 per cent from the year before.

New in 2025, we ran a community event at Southern Cross Station in Melbourne. Three hundred and twenty-two blood pressure checks were done. Thirty-seven per cent of participants were discovered to have undiagnosed high blood pressure and 7 per cent had severe hypertension.

StrokeSafe Community Education Program

The StrokeSafe Community Education Program delivered 439 stroke education talks and events in 2025. Nearly 13,000 people across Australia took part. These sessions shared the life-saving F.A.S.T. (Face, Arms, Speech and Time) signs of stroke message. They also shared key prevention tips to help reduce stroke risk.

In line with our strategic focus on equity and inclusion, 27 per cent of talks were delivered in regional and rural areas. This meant more people outside cities could learn about stroke. In addition, 12 per cent of talks were presented to culturally and linguistically diverse (CALD) communities.

My health for life

My health for life helps Queenslanders build healthier habits. Free health checks identify people at risk of chronic conditions.

A health coaching program then helps them make changes. Stroke Foundation is one of four organisations delivering My health for life. It is funded by Health and Wellbeing Queensland.

In 2025, 1,339 Queenslanders completed a health check through our activities. 800 of them went on to receive much-needed health coaching. Our team focused on reaching people most at risk. These include men and people living in rural, remote and lower income areas. We partnered with Men's Sheds, workplaces, and rural and remote pharmacies.

A highlight was working with Central Queensland Health during their Health Expo at the Longreach Showgrounds. People could discover local services, connect with providers and learn about health support in their region.

553 people completed the Living Well After Stroke program, 91% reported improved health habits



1,339 Queenslanders completed a health check through the My health for life program



439 StrokeSafe Community Education talks delivered to nearly 13,000 people across Australia



Australia's Biggest Blood Pressure Check reached up to 6.7 million Australians, media mentions up 320%



Suzanne's Story

Suzanne worked long days on her Cooroy farm in the Noosa Hinterland.

At 55, she juggled multiple jobs, postgraduate studies, community volunteer work and farm duties. Then in May 2024, a stroke turned her life upside down without warning.

Suzanne was sitting at her dining table when her symptoms began. She went to pick up her spoon and her arm wasn't working. When she tried to speak to her husband, her words came out slurred. Within seconds, Suzanne could not move her leg, swallow or talk.

Suzanne's husband recognised the signs and drove her to hospital. This likely saved her life. Her recovery has been remarkable, though not without challenges.

Suzanne noticed some warning signs before her stroke. These included unexplained falls, tiredness, headaches and brain fog. But she brushed them off, thinking they were caused by age, hormones and stress. She kept meaning to see a doctor but never went.

Suzanne never smoked. She believes her stroke was caused by a mix of stress and high blood pressure.

Suzanne now wants others to listen to their bodies and get their blood pressure checked. This is especially important for people who think they are too young, too fit or too busy. Early action saves lives and gives people the best chance of recovery.



“

In the whirlwind of farm life, I kept promising myself I'd go to the doctor soon. I ignored the whispers until they were shouts.”

Survivor of stroke, Suzanne

National Hypertension Taskforce

The National Hypertension Taskforce was founded by Hypertension Australia and the Australian Cardiovascular Alliance (ACvA), with Stroke Foundation and Heart Foundation as co-founders.

The National Hypertension Taskforce brings together leading clinical, research and public health experts. Its goal is to increase blood pressure control in Australia from 32 per cent to 70 per cent by 2030. As a co-founding organisation, Stroke Foundation plays a key role in tackling uncontrolled high blood pressure. This is Australia's biggest preventable risk factor for stroke.

2025 Highlights:

- › **Published two key position statements** to improve blood pressure control, one on accurate automated office blood pressure (AOBP) measurement and another on the use of potassium-enriched salt for people with high blood pressure.
- › **Secured a seed grant from the Australian Cardiovascular Alliance (ACvA)** to support the project 'Preventing, detecting and effectively treating hypertension in Aboriginal and Torres Strait Islander Peoples'. The project aims to address health inequities by promoting culturally appropriate approaches to blood pressure prevention and care.

- › **Hosted the second National Hypertension Summit** (December 2025), bringing together leaders from across sectors to review progress and set priorities to increase blood pressure control in Australia. Australia's Chief Medical Officer, Professor Michael Kidd AO, delivered the keynote address, offering valuable insights into the importance of supporting the Taskforce's objectives.
- › **Announced the update of the 2016 Australian Hypertension Guidelines**, with Stroke Foundation, Heart Foundation and Hypertension Australia jointly leading the development of the new 2026 Guidelines.

Professor Michael Kidd at the National Hypertension Summit.



As a co-founding organisation, Stroke Foundation plays a key role in tackling uncontrolled high blood pressure. This is Australia's biggest preventable risk factor for stroke.

Save Lives

We support and empower hospitals and health professionals across Australia to deliver excellent stroke care.



3-year goal

By 2027: Improve access and delivery of evidence-based stroke care.

Every Australian deserves world-class stroke care. This is central to our strategy. We work towards this by delivering our world-leading *Living Clinical Guidelines for Stroke Management*. We support health professionals to provide quality stroke care. We advocate for better and fairer acute and rehabilitation stroke care. We also engage in research to improve patient outcomes.

Significant progress has been made in stroke treatment. But there is still much to do, especially in stroke rehabilitation. We will work with the rehabilitation community to improve stroke rehabilitation, using insights from the acute stroke sector.

Living Clinical Guidelines for Stroke Management

The *Living Clinical Guidelines for Stroke Management* provide up-to-date advice on best practice stroke care. In 2025, 6,005 new publications were screened. Nine hundred and thirty-five new studies were reviewed. Evidence summaries were updated for more than half of all topics.

Keeping the Guidelines 'living' is the work of more than 160 clinical experts and more than 35 lived-experience experts. The Stroke Foundation Guidelines Team brings this all together. The *Living Clinical Guidelines for Stroke Management* webpage was viewed 117,680 times in 2025. That is a 14 per cent increase from the year before.

Australian Stroke Alliance

Stroke Foundation is a Principal Partner of the Australian Stroke Alliance (ASA). ASA runs an innovative research program to improve stroke diagnosis and treatment through advanced technology. The research aims to make pre-hospital stroke care more equitable and accessible for all. It focuses on lightweight brain scanners for ambulances, planes and hospital wards. It also helps expert clinicians reach patients needing urgent advanced treatment in remote geographic locations. The Australian Government committed an additional \$15 million to fund this work.

ASA recognised the importance of research into fast stroke assessment and treatment in emergency departments. It also values the life-saving care provided in specialised stroke units. ASA funded Stroke Foundation to coordinate this work nationally and speed up progress towards the 30/60/90 National Stroke Targets.

30/60/90 National Stroke Targets Project

When it comes to stroke, every minute matters. The faster a person receives treatment, the greater their chance of surviving and recovering well. That is why reducing time between stroke onset and treatment is one of the most powerful ways we can prevent avoidable death and disability. Where a person receives their stroke care also matters. Survivors have better outcomes if they receive care on a certified stroke unit.

The 30/60/90 National Stroke Targets are a set of targets designed to do exactly that – drive faster and more consistent stroke care across Australia. Developed in collaboration with the stroke community and under the leadership of the Australian Stroke Coalition, the Targets focus on the critical minutes from when a stroke begins to when treatment is delivered as well as where care is delivered. This work is funded by the Australian Stroke Alliance through their Federal Government grant. It focuses on five key areas:

- 1) National coordination
- 2) Expert support for finding gaps and making improvements
- 3) Better education, networking and mentoring
- 4) Supporting access and equity of care, especially in regional and rural areas
- 5) Improving access to certified stroke unit care.

Stroke Unit Certification

Stroke unit care has been proven to improve outcomes for people with stroke. This is true regardless of stroke type, cause or severity. Stroke Unit Certification shows that a hospital provides evidence-based care. It aligns with the *Living Clinical Guidelines for Stroke Management* and the *Stroke Clinical Care Standard*. It signals a commitment to excellence. Certification is one of the most important parts of the National Stroke Targets.

26 hospitals are now certified across Australia (22 per cent of eligible sites). This includes eight Comprehensive Stroke Centres, 15 Primary Stroke Centres and three Regional Stroke Centres. In December, 110 project proposals were submitted in a competitive process for projects aimed at delivering better stroke care outcomes.

Fifteen stroke services were selected to receive funding. Their projects focus on better service coordination, data collection and local innovation. This funding, and Stroke Foundation's support, will help services work towards certification and improve stroke unit care.

Monitoring of Care

Stroke Foundation partners with the Australian Stroke Clinical Registry (AuSCR). We support the national Clinical Quality Registry (CQR). Together, we track and report on the quality of acute stroke care and patient outcomes. We are working with AuSCR to build a new easy-to-use data collection platform. We are also updating the list of priority areas to monitor and improve care.

We also look for ways to recognise and celebrate stroke services that are making positive changes. These insights are shared at the National Quality Improvement Workshop. This event is run by Stroke Foundation and The Florey/AuSCR. It allows successes to be shared and good ideas to spread.

26 hospitals now hold Stroke Unit Certification (22% of eligible sites)



Guidelines webpage viewed 117,680 times – up 14% on 2024



Australian Government committed \$15 million to the Australian Stroke Alliance's research program



6,005 publications screened and 935 studies reviewed to keep the *Living Clinical Guidelines for Stroke Management* current



Mario's Story

Knowing the F.A.S.T. (Face, Arms, Speech and Time) signs and calling for help can mean the difference between life and death. Kath believes this knowledge saved her husband's life.

Mario, from Shoalhaven, had just returned home from a trip to Bali when his stroke hit. Mario and his wife Kath were out for lunch when the 76-year-old began to feel unwell. His symptoms worsened throughout the day. He went pale, began to sweat and was slurring his speech.

Kath was most worried about Mario's slurred speech. She recognised it as a key sign of stroke. Even though he did not show facial droop or arm weakness at first, Kath called an ambulance to rule out stroke.

At hospital, the couple were told Mario had experienced a brainstem stroke. He spent two days in the resuscitation unit at Shoalhaven Hospital before moving to the stroke ward and then to rehabilitation. He continues to improve every day. His nurses call him an inspiration to others.

Mario believes recovering from stroke was the fight of his life. Kath knew that time matters in stroke. The earlier you spot a stroke and get specialist emergency treatment, the better your chance of recovery.



I've had a lot of fights in my life, but this is the fight of my life."

Survivor of stroke, Mario



Survivor of stroke Mario (right) and his wife Kath.

Princess Alexandra Hospital: a Leader in Stroke Care

In August 2025, Princess Alexandra Hospital was awarded Stroke Unit Certification.

It is now one of only six hospitals in Queensland, and one of 26 nationally to hold this prestigious status. It went through the Australian Stroke Coalition's (ASC) certification process. It is one of just four comprehensive stroke services recognised for excellence in stroke care.

Stroke Foundation's Executive Director of Stroke Programs, Research and Innovation, Kelvin Hill, commended the hospital on achieving certification and said this will improve care outcomes for patients.



Treatment on a dedicated stroke unit is proven to make the biggest overall difference of any intervention to patient outcomes following stroke, reducing the risks of both death and disability."

Kelvin Hill

Consultant Neurologist and Stroke Unit Medical Lead at Princess Alexandra Hospital, Dr Michael Devlin, said the certification recognises the combined efforts of all involved in stroke care, as well as the hospital's ongoing commitment to improve stroke care in the community.



Acting swiftly on the signs of stroke and putting best practice care in place requires almost seamless coordination between ambulance, emergency department, radiology and stroke unit staff."

Dr Michael Devlin



Princess Alexandra Hospital presentation with their Stroke Unit Certification plaque.

Enhance Recovery

We connect people living with the impact of stroke to information, support and services throughout their life.



3-year goal

By 2027: Reach people with impactful products and services that align with their needs.

Improving rehabilitation and long-term care is vital for improving life after stroke. We want to make recovery services more available, accessible and fair. Our goal is for all survivors of stroke to achieve the best possible quality of life. We do this by providing resources, connecting survivors with community services and offering long-term support after stroke. This includes our proven StrokeLine and online services such as EnableMe and Young Stroke.

StrokeLine

StrokeLine nurses and allied health professionals provide free and confidential advice on stroke prevention, treatment and recovery. The team watch for signs that people are struggling to cope. They check whether clients can manage day to day and get the help they need. In 2025, StrokeLine supported 2,453 survivors of stroke, their families, carers and friends. 95 per cent of clients said they would recommend StrokeLine to others.

The issues facing StrokeLine clients are becoming more complex. In 2025, 30 per cent of inquiries were classified as complex. This is up from 17 per cent in 2023. Clients with complex issues are given more time on the phone. The StrokeLine team follow up with clients, GPs and health and community services for as long as needed.

StrokeLine Navigator

StrokeLine Navigator reaches out to survivors of stroke after they leave hospital. The StrokeLine team calls to check how they are going at home. They answer questions, help solve problems and connect people with services in their community. Navigator runs in Tasmania and the Australian Capital Territory (ACT). It is funded by the Tasmanian and ACT Governments.

In 2025, 521 clients from Tasmanian and ACT hospitals received a Navigator service. 96 per cent of StrokeLine Navigator clients said they would recommend it to other survivors of stroke.

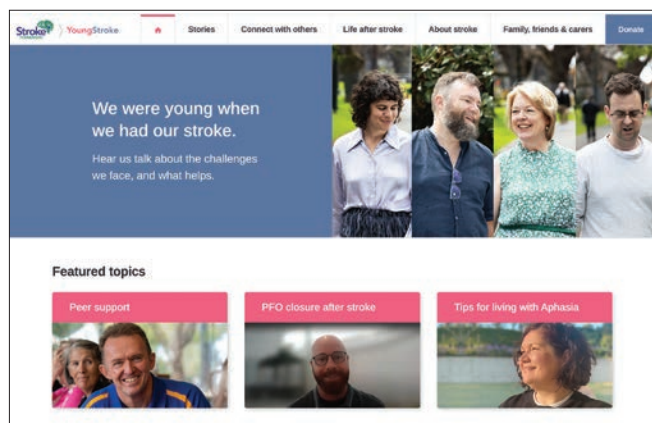
My Stroke Journey

Most Australians don't know much about stroke. Our *My Stroke Journey* booklets give people everything they need to manage their recovery and live a good life after stroke. In 2025, 26,913 copies of *My Stroke Journey* were given out by Australian hospitals. That means 83 per cent of stroke patients and their families received a copy. 3,367 people also accessed *My Stroke Journey* online. 550 copies of the *Aphasia Handbook* were handed out by hospitals, and 630 people read it online.

Young Stroke Website

Stroke Foundation's Young Stroke website is a safe place for young survivors of stroke to get information and connect with each other. In 2025, 7,511 people visited 28,066 pages of information on young.strokefoundation.org.au.

Stroke Foundation's Young Stroke website is delivered with funding from the Australian Government Department of Health, Disability and Ageing.



Childhood Stroke

Each year, up to 120 babies and 400 children have a stroke in Australia. In 2025, Stroke Foundation ran the first annual Childhood Stroke Awareness Week. This campaign raised awareness that children can have strokes too. It aimed to improve recognition, treatment and support for children and their families.

Another key achievement in 2025 was completing the Childhood Stroke Project. It delivered much-needed resources to survivors of childhood stroke and their families. Work continues on the Our Education Journey project. This is developing resources to help families navigate school and education after childhood stroke.

Our childhood stroke work is generously supported by the Barr Family Foundation, James N. Kirby Foundation, The Lyle Foundation and Frank and Flora Leith Charitable Trust.

EnableMe

Our stroke recovery website, enableme.org.au, connects survivors of stroke, families and carers to information, tools and each other. In 2025, 86,664 people used EnableMe and visited 273,686 pages of information.

A 2025 highlight was the launch of new mental health resources. One in three survivors of stroke will experience depression, and one in three will experience anxiety. Despite how common this is, many survivors of stroke, families and carers say they are not able to spot the signs or know how to get help.

EnableMe's new mental health resources were co-designed with survivors of stroke, families and carers. Their development was funded by the Australian Government Department of Health, Disability and Ageing.

26,913 copies of
My Stroke Journey
distributed reaching
83% of stroke patients
in hospital



StrokeLine supported
2,453 survivors, families
and carers, 95% would
recommend the service



7,511 people visited
the Young Stroke website,
exploring 28,066 pages of
information across the site



86,664 people used
EnableMe, visiting 273,686
pages of information



Kobi's Story

Central Queensland mum Kobi never imagined her baby girl could have a stroke.

But when eight-and-a-half-month-old Bonnie suddenly lost movement on the left side of her body, Kobi's world was turned upside down.

"I didn't think babies could have strokes. I brushed it off as a new cheeky smile or just tiredness. It wasn't until the next morning at the airport, when I noticed Bonnie's left leg wasn't moving properly, that I knew something serious was happening."

Bonnie was rushed to the Royal Children's Hospital in Melbourne. Doctors confirmed she had experienced a stroke. Bonnie has been on the road to recovery since, showing great strength.

"Bonnie is recovering well, and we're seeing lots of improvement in her motor skills. We try to include her rehab in playtime. The hardest part is not knowing how she'll recover, as every survivor of stroke has a different journey. But we focus on what we can control."

Living in rural Queensland adds challenges for the family. Their nearest paediatric neurologist is in Brisbane. With support from Rockhampton Hospital specialists, extended family and friends, Kobi and her partner Tom are determined to give Bonnie the best chance of recovery.

Kobi is now sharing her family's story to raise awareness that stroke can happen to anyone at any age.

"So many people we've spoken to didn't realise babies and children could have strokes. The F.A.S.T. message is important for everyone. Stroke can happen at any age or stage of life."



Survivor of childhood stroke Bonnie.

Trevor's Story

Trevor is a 54-year-old man from Western Australia. He called StrokeLine in November 2025.

Trevor* is a 54-year-old man from Western Australia. He called StrokeLine in November 2025. He spoke with Bec, a StrokeLine health professional, during one of the hardest times of his life.

Trevor had his most recent stroke in May 2023. After his stroke, he had vision problems, numbness and pain on one side of his body. He lived alone and was struggling with thoughts of suicide. Bec could hear the desperation in his voice.

Bec listened carefully. Trevor had struggled with very little support since his first stroke at age 19. He had applied for the NDIS (National Disability Insurance Scheme) twice. Both times, his application was rejected. He had a GP to manage his medication, but this was not enough. Trevor had given up. The system had let him down.

Bec understood Trevor's situation clearly. She knew things had to change.

Trevor could tell that Bec was really listening. Unlike other services he had tried, she heard him.

He let her help. Bec told Trevor about NeuroCare, a service that could send a nurse who specialises in neurological care to his home. With Trevor's agreement, Bec made a referral.

Trevor's voice softened. He was starting to feel hope.

A couple of days later, Rachel from NeuroCare visited Trevor at home. After a full assessment, Rachel helped Trevor apply for the NDIS again. A month later, Rachel let Bec know that Trevor was on the path to being approved. The NDIS would provide him with mental health, financial, allied health and transport support. Rachel also helped Trevor find a new GP and organised a companion card for him.

With the support of Bec and Rachel, Trevor finally had the help he needed and a path forward.

**Name and image used have been changed to protect privacy.*

Inclusion and Priority Communities



Artist: Carissa Paglino

Reconciliation Action Plan

Stroke Foundation completed its *Reflect Reconciliation Action Plan (RAP)* in September 2023.

In May 2025, we began our *Innovate RAP*. Our *Innovate RAP* focuses on becoming a more culturally aware and inclusive organisation. We are committed to building strong partnerships with Aboriginal and Torres Strait Islander Elders, communities and organisations. Together, we aim to end inequities in stroke outcomes. We centre First Nations voices and leadership in this work.

In 2025 we also started work on a First Nations Engagement Framework. This outlines the principles and practices we will follow.

Staff were encouraged to deepen their knowledge through training and by attending key cultural events. These included National Close the Gap Day, Reconciliation Week and NAIDOC Week.

Work continued in the Alice Springs, Northern Territory community to develop better supports for First Nations people in central Australia. We also supported the production of a culturally appropriate 'Demystifying Stroke' video.

In 2025, the First Nations Stroke Excellence Award was presented at the 2025 National Stroke Awards for the second time. The finalists included Joe Miller (winner), Kieron Pearce, Amy Thompson and the *Reimagining F.A.S.T.* team.



From left to right: Kieron Pearce, Joe Miller and William Crook from AstraZeneca who sponsored the Award.

Reimagining Stroke Awareness, Led by Community

Aboriginal and Torres Strait Islander peoples are affected by stroke at higher rates than other Australians. They also experience stroke at a younger age, and experience worse treatment and recovery outcomes.

On Dunghutti Country on the NSW Mid North Coast, one of Australia's highest-risk regions for stroke, local leaders are changing how stroke awareness is shared.

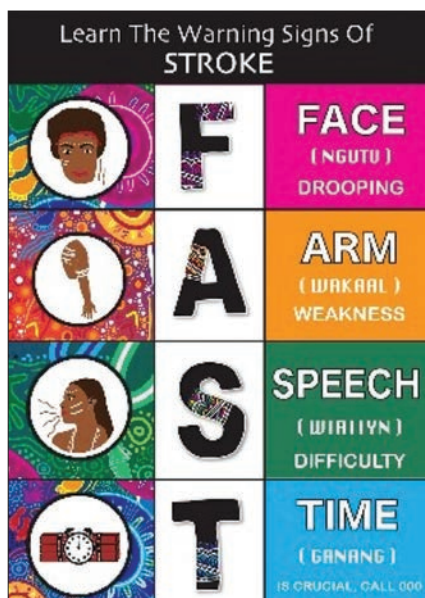
Reimagining F.A.S.T. is a community-led initiative. It was designed by, and for, the Dunghutti community. Its goal is to improve stroke symptom recognition and promote fast, life-saving action. The project responds to a clear gap: mainstream stroke messages had not been connecting or resonating with the community. This was limiting the number of First Nations people who knew what to do in the event of stroke, or how quickly they reached hospital.

Six survivors of stroke from the Dunghutti community and an occupational therapist/researcher led the Reimagining F.A.S.T. project. They worked alongside community knowledge holders, local artists and health partners. Yarning was used as a culturally safe and inclusive method. Participants shared their lived experiences, built trust, and co-designed a stroke awareness message that reflects Dunghutti culture, values and ways of knowing.

The F.A.S.T. (Face, Arms, Speech, and Time) message was reimagined using local language, symbols and artwork by Aboriginal artist Kyara Fernando. These designs appear on t-shirts, posters and a short film. They are sparking conversations about stroke warning signs in families and community settings.

Reimagining F.A.S.T. shows how community-led approaches can address health inequities. The project has raised awareness, built confidence in stroke messaging and created a model other Aboriginal communities can adapt. This initiative highlights how important it is to work with communities to design solutions that are culturally relevant, trusted and able to save lives.

In recognition of their impact, the Reimagining F.A.S.T. project team were selected as a finalist in the First Nations Stroke Excellence Award category at the 2025 National Stroke Awards.



Second Reconciliation Action Plan (Innovate) launched in May 2025



Reimagining F.A.S.T. project co-designed with Dunghutti community to address First Nations stroke inequity



Recognising Our Community



National Stroke Awards

At Stroke Foundation, we are moved by the incredible efforts of people in our community. They support family and friends, raise awareness of stroke and make a real difference in the lives of those affected by stroke. Our annual National Stroke Awards recognise the exceptional people who make outstanding contributions to Stroke Foundation and the stroke community across Australia.



Creative Award
Toni Arfaras, VIC



Courage Award
Glenn Browne, VIC



First Nations Stroke Excellence Award
Joe Miller, NSW



Fundraiser of the Year Award
Ryan Webber, NSW



Improving Life After Stroke Award
Tony Finneran, NSW



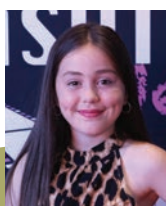
Volunteer of the Year Award
Michael Whittle, TAS



Honorary Life Membership Award
Jennifer Muller, QLD



Stroke Care Champion Award
Professor
Natasha Lannin, VIC



Warrior Award
Alexis Kalofonos, QLD



Warrior Award
Caleb Wallace, VIC



Warrior Award
Georgia Peacock, VIC



President's Achievement Award
Professor
Julie Bernhardt AM, VIC

Research

We are proud to support the next generation of stroke researchers through early career grants.

Since 2008, Stroke Foundation's Research Grants program has awarded more than \$7.1 million to 233 researchers. In 2025, eight new research grants were awarded, totaling \$434,898.

Seed Grants Recipients (up to \$80,000)

- › **Dr Lilian Carvalho**, The University of Melbourne – 'Younger adults with stroke Taking Charge: a pilot randomised feasibility study to tailor the self-directed rehabilitation program 'Take Charge' to a younger chronic stroke population.'
- › **Dr Lachlan Dalli**, Monash University – 'Co-designing the Coordinated Medication Prescription and Adherence Support System (COMPASS) for survivors of stroke.'
- › **Ms Dina Pogrebnoy**, Western Health – 'A Phase 2a clinical trial testing the safety and promise of efficacy of digital resources to improve functional outcomes in priority populations undergoing inpatient rehabilitation after stroke.'

Tim Glendinning Memorial Fund for Young Adult Stroke Grant Recipient (\$79,986)

- › **Associate Professor Elizabeth Lynch**, Flinders University – 'Re-imagining recovery after stroke: a Stroke Recovery College for Young Survivors of Stroke.'

Nancy & Vic Allen Stroke Prevention Memorial Fund Grant Recipients (\$100,000)

- › Professor Monique Kilkenny and Dr Stella Talic, Monash University – 'Development and implementation of a new minimum set of primary care quality indicators to prevent stroke and heart disease in the Australian community.'

Future Leader Grants (up to \$5,000 each)

These grants support professional development and collaboration.

- › **Dr Lisa Anemaat**, The University of Queensland – received the inaugural Dr Anna Correll Future Leader in Aphasia Research Grant.
- › **Dr Matthew Berryman**, La Trobe University – Improving communication recovery for people with aphasia through research collaboration.
- › **Dr Tharshanah Thayabaranathan**, Monash University – Strengthening community-focused stroke research through leadership and national collaboration.

Setting Australia's Stroke Research Priorities

Through our Lived Experience network and partnerships, we are amplifying the voices of survivors of stroke. We make sure their insights shape the research agenda. This creates stronger collaborations and better outcomes.

In 2025, we held a national conversation to identify the stroke research priorities that matter most to survivors of stroke, families, carers and health professionals. Over 300 people from across Australia shared their thoughts through a survey and three online workshops. The results will guide future Stroke Foundation activities and our advocacy for stroke research.

\$434,898 awarded
across 8 new research
grants in 2025



Over 300 people contributed
to a national stroke research
priority setting project



Supporting Stroke Foundation



Image credit: Brendan James

Peer-to-Peer Fundraising

Peer-to-peer fundraising was a powerful driver of impact for Stroke Foundation in 2025. It brought communities together through movement, creativity and shared purpose.

Stride4Stroke moved from November to September. This helped it stand out before the busy October fundraising period. The change paid off. Over \$390,000 was raised against a \$335,000 target. More than 752,000 Moving Minutes were logged across the country. New South Wales recorded the highest number of registrations, overtaking Victoria for the first time.

Our Fundraise4Stroke community raised more than \$375,000 through self-led challenges. From ultra-marathons and long-distance cycling to school fundraisers and in-memory tributes, supporters turned their passions into real impact.

The Counterstroke Golf Classic was another highlight. Six events were held across the Mornington and Bellarine Peninsulas, raising over \$120,000, with proceeds supporting StrokeLine. Together, these fundraising efforts show the generosity and commitment of Australians working towards a future with fewer strokes.

David Brownbill Bequest Society

Each year, our David Brownbill Bequest Society events bring supporters from across Australia together. These gatherings are a chance to connect, reflect and see the impact of leaving a gift in a Will. In 2025, we held events in Melbourne, Sydney and Brisbane.

They featured personal stories, expert insights and highlighted the dedication of everyone at Stroke Foundation to achieving our mission.

For the first time, we held an event in Western Australia. This was an important step in reaching more communities and deepening supporter connections. We also held a roundtable lunch with our CEO.

The David Brownbill Bequest Society recognises those who help prevent stroke, save lives and support recovery through a gift in their Will. We are sincerely grateful to everyone who has confirmed their commitment. Every legacy gift is a lasting investment in our mission and the people we serve.

Volunteers

Our volunteers play an essential role in delivering *Strategy 2027: Stronger Together*. They strengthen our work to prevent stroke, save lives and help people recover to lead their best possible life after stroke. In 2025, 187 dedicated volunteers gave their time, skills and passion across 25 different roles. These roles ranged from governance to community speakers, fundraising and advocacy.

The efforts of our volunteers have strengthened Stroke Foundation, expanded our reach and supported lasting impact for people affected by stroke and their families. We sincerely thank each and every volunteer for their generosity, expertise and commitment throughout 2025.

Jack's Story

Every year, hundreds of survivors of stroke, their families, carers and people connected to stroke go above and beyond to raise funds for Stroke Foundation.

This year, we highlight the incredible efforts of Jack. Jack lost his mother to stroke in February 2024. In her honour, Jack took on an amazing challenge. He ran 58 half marathons in 58 days as part of his '58 for you' challenge, raising more than \$30,000 for Stroke Foundation.

Jack's journey was far from easy. He pushed through heavy rain, near-freezing mornings and even a bout of food poisoning. Nothing could stop his determination.

Each run was powered by Jack's love for his mum, and his commitment to making a difference for other Australians affected by stroke. We thank all our wonderful supporters who, like Jack, help us prevent stroke, save lives and enhance recovery.



Community fundraiser Jack.

Stride4Stroke raised over \$390,000, exceeding its \$335,000 target by \$55,000



Counterstroke Golf Classic raised over \$120,000 across six events, with proceeds supporting StrokeLine



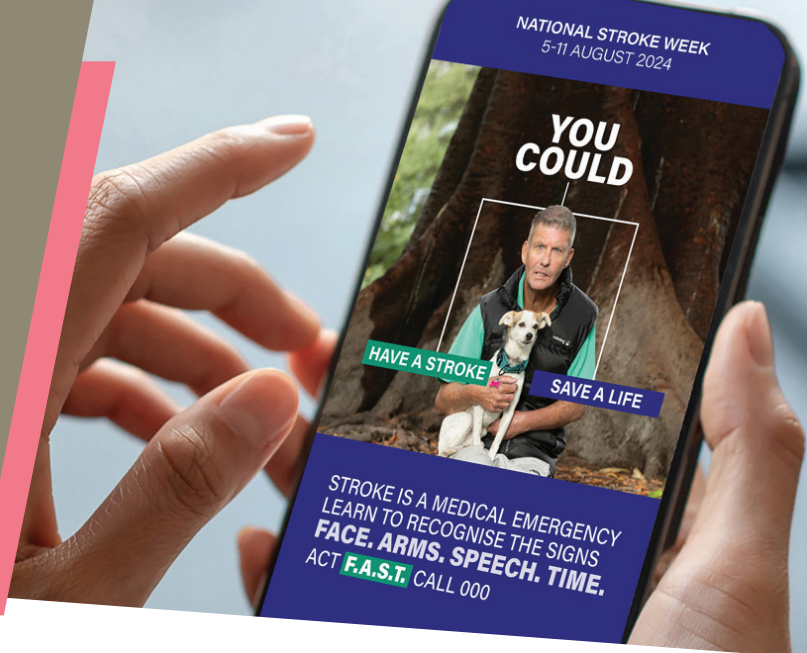
Fundraise4Stroke community raised more than \$375,000 through self-led challenges



187 volunteers contributed across 25 different roles in 2025



Sharing Our Message



In the News

In 2025, Stroke Foundation's media team covered the triumphs and challenges of the stroke community. Topics ranged from stories of hope and recovery to gaps in stroke care.

- › We shared more than 50 individual stories.
- › We received 2,644 mentions of Stroke Foundation in the media.
- › The combined national audience reach for our media coverage was 188 million people (with the potential to reach the population of Australia nearly 7 times).

Every story shared on radio, TV, in print or online helps raise awareness of stroke, its risk factors and its impacts.

Website Performance

Stroke Foundation's website performed strongly in 2025.

- › It had around 1.3 million page views, including 672,000 first-time visitors.
- › The most visited page was the 'Diet after stroke' fact sheet, with 60,000 views.
- › Followed by the *Living Clinical Guidelines for Stroke Management* page (57,600 views) and the 'Signs of stroke' fact sheet (54,800 views).
- › Direct traffic grew from 88,000 in 2023 to 133,000 in 2024 and 205,000 in 2025.

This shows growing brand awareness, more return visitors and stronger engagement with Stroke Foundation's channels.

Advertising Campaigns

To reach our diverse community, we used a range of digital and traditional media. These included Facebook, Google Ads, Microsoft Ads, YouTube, radio and catch-up TV.

In 2025, we ran 23 digital advertising campaigns. We also launched the first Run4Stroke campaign and started new paid campaigns on Reddit and TikTok.

Overall, we achieved 51.7 million impressions and 336,000 clicks. This resulted in 23 per cent more donors and 29 per cent more revenue year on year. Our most successful campaign in 2025 was the F.A.S.T. awareness campaign targeting regional and culturally and linguistically diverse (CALD) communities. It delivered 7.5 million ad impressions and 55,000 clicks.

National Stroke Week

National Stroke Week ran from 4th to 10th August 2025. It encouraged Australians to recognise the signs of stroke and act F.A.S.T. The campaign used email marketing, social media, public relations and community advocacy. It was supported by major sponsors EMVision and AbbVie.

Ten media releases generated 386 media mentions with a potential reach of 10.9 million people. Coverage appeared on Channel 7 News at 4, Win News and NBN News. More than 31,000 emails were sent with a strong open rate of 37 per cent. Facebook reached 1.2 million people and YouTube generated 1.1 million impressions. Website visits rose 48 per cent from the year before.

91 Members of Parliament shared National Stroke Week messages. More than 28,000 information resources were ordered. The StrokeSafe Community Education program delivered 81 community presentations across six states throughout August.

Advocacy

Stroke Foundation engages, advocates and partners with governments at all levels and of all political affiliations. We aim to influence public policy, system design and investment in programs that advance fair stroke health outcomes for all Australians.

We encourage and empower survivors of stroke and their allies to work alongside us. Together, we amplify their voices to drive the policy, service and system changes needed to improve stroke awareness, prevention, treatment and recovery. Key highlights in 2025 included:

- › The establishment of Parliamentary Friends of Stroke Foundation groups in New South Wales and Queensland
- › Events and meetings with decision-makers in all states and territories
- › The Parliamentary Heart and Stroke Health Check Day at Australian Parliament House in Canberra, co-hosted with Heart Foundation.

Australian Government Grant for F.A.S.T. Education

The Australian Government-funded F.A.S.T. (Face, Arms, Speech and Time) Community Awareness and Education project was extended for a sixth year in 2025. The grant helps deliver targeted F.A.S.T. resources and stroke education to 10 regional and eight CALD communities with the highest rates of stroke in the 40+ age group. The campaign reached more than 3.4 million Australians across radio, online and print with important stroke awareness messages.

A multichannel advertising campaign ran across Facebook, catch-up TV, radio and print. It was supported by 64 StrokeSafe community education talks, as well as media releases in Greek, Italian, Mandarin, Vietnamese, Arabic, Cantonese, Hindi and Korean.

More than 12,000 F.A.S.T. community education resources were distributed. These included translated factsheets, F.A.S.T. posters, bookmarks, wallet cards and magnets.



State Government Funders

Stroke Foundation is grateful to the Australian Capital Territory, New South Wales, Queensland, Tasmanian and Western Australian governments. Their funding supports vital stroke awareness, community education, stroke care quality improvement, secondary prevention and enhanced recovery services for survivors of stroke, carers and families in their respective states. We are proud to partner with these state governments and look forward to expanding our work in the future.

2,644 media mentions with a combined audience reach of 188 million people



51.7 million ad impressions and 336,000 clicks across 23 digital campaigns



National Stroke Week generated 386 media mentions reaching 10.9 million people



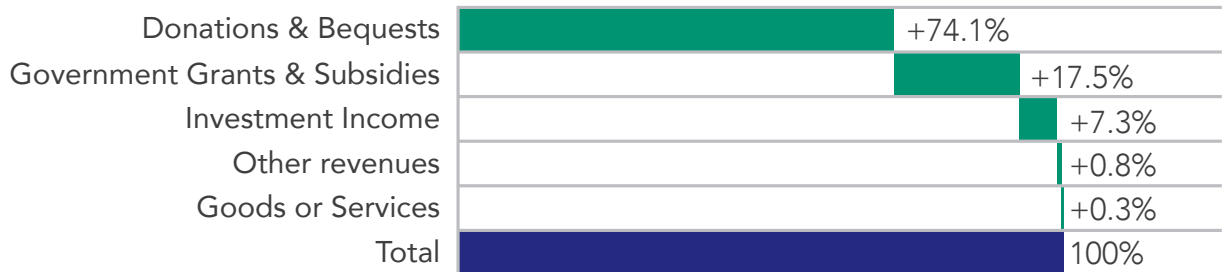
Website reached 1.3 million page views, with direct traffic growing by 154% to 205,000



Financials



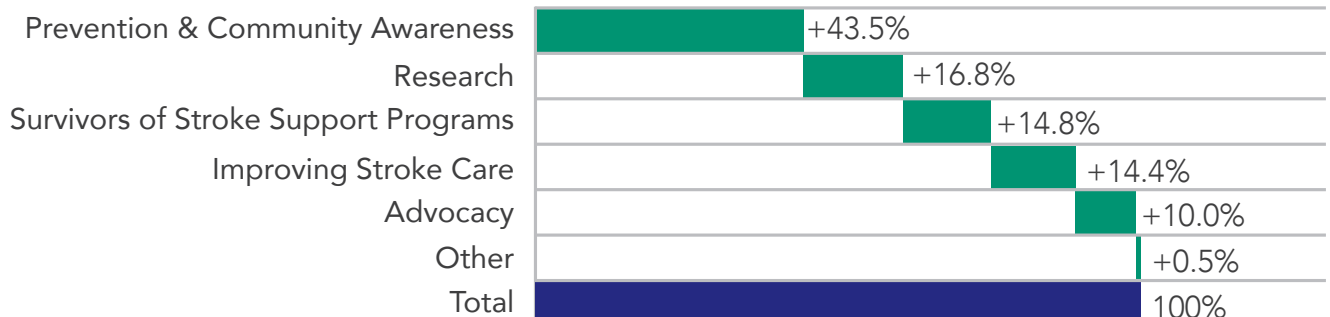
Sources of income 2025: \$21.1M



Donations & Bequests 2025: \$15.2M



Program Support 2025



Building Financial Strength for the Future

In 2025, Stroke Foundation achieved a surplus of \$0.2 million. This is a strong result, reflecting careful financial management. It compares to a surplus of \$0.7 million in 2024.

Stroke Foundation aims to achieve small surpluses each year. Our budget for 2026 includes a planned surplus of \$0.4 million, keeping us on this positive path.

Stroke Foundation has a wide range of income sources. We continually look to grow existing activities and explore new ones. In 2025, operating revenue grew two per cent compared to 2024, reaching \$19.9 million. This growth was driven by an increase in government funding, which rose 22 per cent to \$4.5 million. Most other income was steady. The exception was bequest income, which dropped 12 per cent compared to 2024, to just under \$2.5 million. Bequest income can vary from year to year, so this decrease was not unexpected.

Stroke Foundation made planned investments across its core work. Total spending increased seven per cent to \$16.0 million. This reflects investment in growing income, research and advocacy. It positions Stroke Foundation for greater long-term impact while keeping a close eye on program delivery. Governance, sustainability and administration costs fell 16 per cent, due to ongoing efficiencies and careful use of resources.

Investment and other income totalled \$1.3 million. While this was down 14 per cent on a strong 2024 result, it continued to make a valuable contribution to our financial position.

We are aware of high share market values and an uncertain economic outlook for 2026. However, we are confident that our investment portfolio is well diversified. This provides stability and supports long-term growth.

Operating revenue reached \$19.9 million – up 2% on 2024



Government funding rose 22% to \$4.5 million



Achieved a \$0.2 million surplus with total spending at \$16.0 million



Budget for 2026 targets a planned surplus of \$0.4 million



Those Who Stand Beside Us



As Australia's only national charity dedicated to stroke, Stroke Foundation is fortunate to have many talented, passionate and generous supporters standing with us. We are the voice of stroke in Australia. Without this incredible team and community, that role would be so much harder to fill.

We thank all those who inspire us and champion our work.

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(appointed July 2025)

Ms Monique Webber
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(retired May 2025)

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April 2025)

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Mr Peter Nikolettatos
(appointed December
2025)

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Chair (retired May
2025)

Ms Janice Thomas
(retired August 2025)

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Ms Jennifer Muller



Survivor of childhood
stroke Matilda.

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Australian Government

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and Science – Medical
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(MRFF)

Emerging Priorities
and Consumer Driven
Research (EPCDR)
Initiative

Department of Social
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Linkages and Capacity
Building (ILC) –
(Previously National
Disability Insurance
Agency)

MRFF Cardiovascular
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Queensland Health

Tasmanian Department
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Western Australia
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University of
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Innovation)

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Limited (AGPAL)

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Westmead Applied
Research Centre,
The Centre for
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to Accelerate Stroke
Trial Innovation and
Translation (Stroke
Trials CRE)

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(ACvA)

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Disease Prevention
Alliance (ACDPA)

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Evidence Collaboration
(ALEC)

Australian Stroke
Alliance (ASA)

Australian Stroke
Clinical Registry
(AuSCR)

Australian Stroke
Coalition (ASC)

Change for Health Tasmania (C4H)
 Consumers Health Forum of Australia (CHF)
 National Hypertension Taskforce (NHT)
 Neurological Alliance Australia (NAA)
 Quality Use of Medicines Alliance
 Victorian Patient Transport Assistance Alliance (VPTAS)
 World Stroke Organization (WSO)

Gifts in Wills Supporters

We are honoured to receive the generous legacies from supporters who passed away and left a gift in their Will to ensure better stroke prevention, treatment and recovery for our generation, and generations to come. Gifts were received from the following Estates in 2025:

Alfredson Family Precut Houses Trust
 Centenary Foundation - Matheson Bequest
 Centenary Foundation - The Robert Donnan Memorial
 Loeky Wiersma Charitable Fund
 Perpetual Foundation - Marlene Phillips Endowment
 Alison Joan Kinsman
 Alison Mary Zenere
 Anna Hart
 Anneliese Jenny Hedwig Hirsch
 Astrid Rosemary Siegrid Schofield

Barrie Cerretti Leighton Hill
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-  **Give time** – become a volunteer.
-  **Raise funds** – donate or hold a fundraising event.
-  **Speak up** – join our advocacy team.
-  **Leave a lasting legacy** – include a gift in your Will.
-  **Know your numbers** – check your health regularly.

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