

# Learn the F.A.S.T. signs of STROKE



**F** **ACE**  
*dropped on  
one side?*



**A** **ARMS**  
*heavy? Can they  
lift them?*



**S** **PEECH**  
*slurred or confused?  
Talking a funny way?*



**T** **IME**  
*Don't wait!  
Call now, you mob.*

If you see any of these signs

**Act FAST call 000 (triple zero)**

Can't call 000? Get to your closest hospital or health service.

