

A photograph of a medical simulation in progress. A man in a blue shirt and mask is operating a device on a patient lying on a gurney. A paramedic in a blue uniform and mask is standing behind the patient, holding a long, thin, multi-colored tube. The patient is wearing a blue mask and an orange shirt. The background shows medical equipment and a blue curtain.

Annual Impact Report

2024

strokefoundation.org.au

Acknowledgement of Country

Stroke Foundation respectfully acknowledges the Traditional Owners and Custodians of Country throughout Australia and acknowledges their continuing connection to land, water, sky and community. We pay our respect to the peoples, cultures, and Elders past and present for they hold the memories, culture and hope of their peoples.





*Survivor of childhood stroke Sullivan,
with his mum Tenneayle and dad Josh.*

Acknowledgement of Lived Experience

Stroke Foundation acknowledges the individual and collective expertise of those with a living or lived experience of stroke and their carers. We recognise their vital contribution at all levels including advocacy, program design and research. We value the courage of those who share this unique perspective so we can learn and grow together to achieve better outcomes for people living with stroke.

About Stroke Foundation

Stroke Foundation is a national charity that partners with the community to prevent stroke, save lives and enhance recovery.

We stand alongside survivors of stroke and their families, healthcare professionals and researchers. We build community awareness and foster new thinking and innovative treatments. We support survivors on their journey to live the best possible life after stroke. We are the voice of stroke in Australia, and we work to:

- › Raise awareness of the risk factors, signs of stroke and promote healthy lifestyles.
- › Improve treatment for stroke to save lives and reduce disability.
- › Improve life after stroke for survivors.
- › Encourage and facilitate stroke research.
- › Advocate for initiatives to prevent, treat and beat stroke.
- › Raise funds from the community, corporate sector and government to continue our mission.



*Stride4Stroke fundraisers
Shannon Nelson, Brooke Parsons
and Dan Maitland.*



*Survivors of stroke and Stroke
Foundation StrokeSafe speakers;
Bernard Hannelly and Priya Sharma.*



Contents

Chief Executive Officer’s message	6
President’s message	8
Stroke Strategy 2024 – Empowering, Supporting, Connecting.....	10
Prevent stroke	12
Case studies	14
Save lives	16
Case studies	18
Enhance recovery	20
Economic Impact of Stroke Report	22
Inclusion and Priority Communities	24
Research	26
Stroke Awards	27
Supporting Stroke Foundation.....	28
Sharing our message.....	30
Teaching more Australians the F.A.S.T. signs of stroke	31
Financials.....	32
Those who stand beside us	34
Our Sponsors and Supporters.....	36

Chief Executive Officer's message



2024 was another big year at Stroke Foundation, and, as I reflect on the past 12 months, I could not be any prouder of all that we have achieved as Team Stroke.

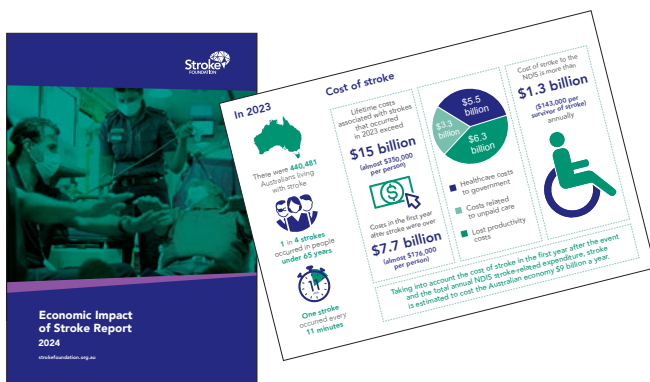
Together we have worked tirelessly towards achieving our mission of preventing stroke, saving lives and enhancing recovery. I'm pleased to say, that this has eventuated in some exciting milestones and achievements that we can all reflect on with satisfaction and celebrate.

Under our Prevent Stroke pillar, we reached more than 2.9 million Australians with our Australia's Biggest Blood Pressure Check awareness campaign; and reached over 22,000 people through our StrokeSafe, My health for life and Living Well After Stroke programs.

Through our Save Lives mission pillar, we continue to provide up-to-date best evidence advice to stroke care clinicians with our world-leading Living Clinical Guidelines for Stroke Management, with over 5,200 new publications screened this year. In 2024, we also delivered the 2024 National Rehabilitation Services Audit and welcomed the launch of the second Mobile Stroke Unit in Melbourne, Telestroke service in Queensland and supported 13 additional hospitals in achieving Stroke Unit Certification.

Finally, in our Enhance Recovery pillar, we supported around 2,600 survivors of stroke, their families and carers through our StrokeLine service; and continue to support young survivors of stroke through our Young Stroke website and Childhood Stroke Project, and distributed over 23,000 My Stroke Journey resources nationwide. Over 89,000 people sought peer support through our EnableMe platform; and, in response to the call of our community we launched the Aphasia Handbook (in partnership with the Australian Aphasia Association).

At the heart of everything we do are the hundreds of thousands of people impacted by stroke. As always, a highlight for me is the National Stroke Awards where we celebrate the incredible achievements of our survivors of stroke, carers, fundraisers, and littlest stroke warriors. This year's event showcased stories of courage, resilience, and determination, including our inaugural First Nations Stroke Excellence Award winner. I am so proud of our role in celebrating those making a real difference in our community.



One of Stroke Foundation's key moments of 2024 was the launch of the Economic Impact of Stroke Report. This report provides an evidence-base of the current state of stroke and highlights the significant challenges we have ahead of us but will also guide us on how we tackle those challenges. It is a vital tool in our discussions with governments and the health sector as we work to reduce the impact of stroke on Australians and deliver a bold call to action for stroke prevention, treatment, and recovery.

Fighting stroke is not a solo mission, but one that can only be achieved when the stroke community and sector partners unite. In 2024 we built on our exciting partnership with the Heart Foundation, delivering a joint Parliamentary Friends of Heart and Stroke Foundations event in Canberra,

and announcing that together we will be delivering new blood pressure guidelines next year. We also strengthened our work in the National Hypertension Taskforce, a partnership with Hypertension Australia, the Australian Cardiovascular Alliance and the Heart Foundation. We launched the National Hypertension Taskforce Roadmap and supported the taskforce's work. These collaborations are important for our mission, and we look forward to growing and nurturing key partnerships into the future to drive national prevention activities to prevent stroke.

We've advocated for action on stroke with state and federal governments and have been successful in securing investment for the continuation of important community education programs such as F.A.S.T., Living Well After Stroke, My health for life and StrokeLink, we thank our government partners for their support. Supported by members of the stroke community, we're particularly proud of our series of ongoing engagements with members of Parliament, Ministers, advisers and department staff around Australia this year to advocate for stroke care priorities.

Helping fuel our fight against stroke are the generous Australians who dug deep to support the important work Stroke Foundation does.

Our first-ever Giving Day was a huge success, smashing our fundraising target with more than \$300,000 raised, along with our inaugural Facebook Challenge raising more than \$100,000. This is an incredible effort that will go a long way in helping survivors, their families, and carers.

Thank you all for your hard work and meaningful contributions, we can't do the work we do without you. I look forward to guiding Team Stroke through another year of exciting new achievements as we launch our new strategy.

L Murphy

Dr Lisa Murphy
Chief Executive Officer
Stroke Foundation

“

Together we have worked tirelessly towards achieving our mission of preventing stroke, saving lives and enhancing recovery.

”

President's message



Every year, I have the privilege of sharing the successes of Stroke Foundation. I'm delighted to say that 2024 was one of our busiest years yet, and a year where we truly made an impact.

Some of the highlights included the 2024 National Stroke Awards, a program of David Brownbill Bequest Society events, updating our strategy, and our very first Giving Day—each achievement a testament to the dedication, generosity, impact and selflessness that define our stroke community.

Our engagement with the lived experience community remains invaluable. Our community's willingness to stand alongside Stroke Foundation, advocating for better awareness and action, is truly inspiring. This was particularly evident during events at Parliaments across the country for the launch of the Economic Impact of Stroke Report, ensuring that the voices of those with lived experience continue to be heard and understood, and our StrokeSafe program where volunteers share important messages about stroke in all parts of our country.

Team Stroke continue to work incredibly hard to deliver on our mission to prevent

stroke, save lives and enhance recovery, under the leadership of our CEO. Some key moments included releasing the 2024 National Rehabilitation Audit with a clear call to action to improve recovery supports to survivors of stroke, advocating for the delivery of the 30/60/90 National Stroke Targets through the Australian Stroke Coalition (to bring Australia in line with best practice national and international reperfusion and Stroke Unit access guidelines), joining the Neurological Alliance and supporting a new campaign to put better support for brain injury and stroke on the national agenda, driving action on reducing uncontrolled blood pressure through the National Hypertension Taskforce, and driving the national conversation on prevention through the Australian Chronic Disease Prevention Alliance.

Additionally, our efforts to deliver vital information to those who need it most have expanded, with a new Aphasia Handbook released, developed in collaboration with the Australian Aphasia Association (to support survivors of stroke experiencing difficulties with language or communication), and our StrokeLine continuing to deliver with excellence, supporting survivors, their families, and carers in moments of need year-round.

Although there is more work to be done to reach our vision and mission, I am incredibly proud of our team's unwavering commitment to advancing stroke prevention, treatment, and recovery. On behalf of the Board, I would offer our heartfelt gratitude to everyone who contributed to our work this year and ensured that together, we are creating a positive impact for our stroke community.



Emeritus Professor Linda Kristjanson AO
President
Stroke Foundation

“

We can't do what we do without our incredible supporters, donors, and our passionate lived experience community. Thank you for supporting our work in 2024.

”

Governance

Since incorporation in 1996, Stroke Foundation has been governed by an independent Board of Directors.

The Board is supported by the expertise of leading health professionals and researchers in stroke, and is informed by survivors of stroke, carers, and their families. Stroke Foundation's corporate performance is overseen by the Audit, Finance, Investment and Risk Committee and the Governance and Nominations Committee. The Philanthropy Committee provides advice to achieve the organisation's philanthropic endeavours. The Research Advisory Committee provides advice around the research program and the Clinical Council provides advice and technical support to the Board. The Consumer Council represents the interests and viewpoints of survivors of stroke and carers in Australia.

Our Patrons & Ambassador



Patron-in-Chief

Her Excellency
the Honourable
Ms Sam Mostyn AC



Patron

Mr David Brownbill AM



Patron

Sir Gustav Nossal
AC CBE



Patron

Lady Marigold Southey
AC



Ambassador

General the Honourable
Sir Peter Cosgrove
AK CVO MC (Retd)

Stroke Strategy 2024 – Empowering, Supporting, Connecting

Our Mission Pillars

Our vision of a world free from the disability and suffering caused by stroke was supported through our three mission pillars; prevent stroke, save lives, and enhance recovery.

In the third and final year of *Stroke Strategy 2024*, the programs and services provided by Stroke Foundation have ensured we delivered on our mission.

Prevent stroke

We empowered more Australians to recognise the risks of stroke which can be changed, and in doing so increased their chances of preventing stroke.

Save lives

We supported hospitals and healthcare providers across Australia to strengthen their capabilities in stroke care and rehabilitation services.

Enhance recovery

We reached out to those impacted by stroke to ensure more Australians connected with and accessed trustworthy information, resources and post-stroke support.

Guiding principles



Enabling Goals

The three Enabling Goals supported our three mission pillars:



Improve our people capability and performance

As part of Stroke Strategy 2024, we have grown our impact and managed our charity effectively and efficiently. We have attracted the right people and supported them with the systems they need to drive organisational performance.



Grow our profile and funding for mission activities

We enhanced the way our achievements and accomplishments are communicated and optimised existing fundraising efforts. We also put the lived experience of our stroke community at the centre of everything we do and have collaborated effectively with health professionals and governments.



Align our research for greatest impact

We have built on the significant advances made in stroke prevention, treatment, enhanced recovery, and research which Stroke Foundation has championed and driven since our foundation.

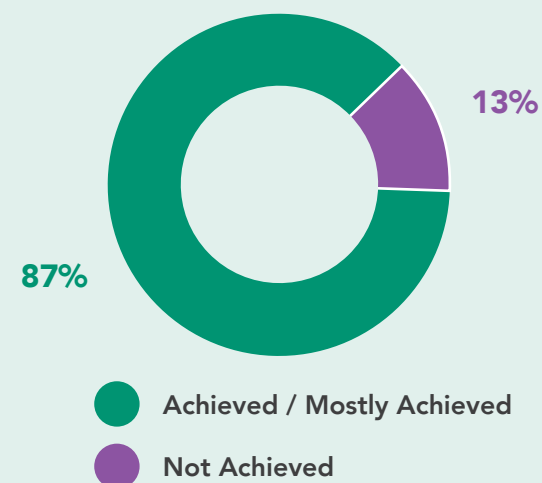
Together we can change the state of stroke in Australia for generations to come.

What we achieved

We have successfully delivered on the Empowering, Supporting, Connecting Strategy 2024 objectives.

Of the 31 strategy objectives, 27 were achieved or mostly achieved across all six mission pillars and enabling goals.

2024 Strategy Objectives



Prevent stroke

We empower a greater proportion of adult Australians to recognise the risks of stroke which can be changed, and in doing so increase their chances of preventing stroke.

Goal

By 2024 65% of adult Australians will recognise the stroke risks that they can change.

Prevention

Stroke Foundation continues to work towards helping a greater proportion of the community recognise their stroke risks and make changes to prevent stroke. We continue to work with governments to invest in evidence-based approaches to reduce the number of preventable strokes in the community and work in collaboration with partners to drive real improvements in the key areas of uncontrolled blood pressure reduction.



Stroke Prevention Advisory Committee

The Stroke Prevention Advisory Committee provided expert advice on Australian Government policy consultations and submissions including:

- › Review of Medicare Benefits Schedule (MBS) Health Assessment Items
- › 24-hour Movement Behaviour Guidelines
- › 24-hour Movement Recommendations for Adults and Older Australians
- › Health Impacts of Alcohol and Other Drugs in Australia
- › Proposed Regulation of On-Product Health Messages for Tobacco Products; and
- › Proposed Federal and Queensland Reforms to the Regulation of Vaping Products.

Living Well After Stroke

Living Well After Stroke is an innovative, evidence-based program empowering survivors of stroke to reduce their risk of future stroke. Participants attend five peer-group sessions, led by a Stroke Foundation health professional. They're equipped with the information, skills and support they need to make healthy changes now and into the future.

Living Well After Stroke is delivered in Tasmania, funded by the Tasmanian Government. In 2024, 26 people participated in the program, with 83% reporting the program significantly benefitted them and their health.



Australia's Biggest Blood Pressure Check (ABBPC)

ABBPC campaign ran for its 11th year in 2024 aiming to raise awareness of the link between high blood pressure and stroke. The campaign consisted of email marketing, an online quiz, Facebook advertising and public relations support via our media team.

Results of the 2024 campaign saw 105,000 new users visit the website, almost 4,000 completions of the blood pressure quiz, five direct emails (eDMs) sent to more than 20,000 supporters and 6.2 million Facebook ad impressions reaching 2.9 million people. A total of 114 media mentions had a potential reach of 1.2 million during the month of May.

StrokeSafe Speaker Program

The StrokeSafe Speaker Program delivered 492 stroke education talks to community groups, workplaces and events in 2024. These vital stroke presentations educated more than 21,000 Australians about lifesaving messages of F.A.S.T. (Face, Arms, Speech and Time) signs of stroke and stroke prevention. 27% of talks were delivered to regional and rural areas across Australia with 6% to culturally and linguistically diverse communities.

My health for life

My health for life supports Queenslanders to create healthier habits. Free health checks help identify people at risk of developing chronic conditions, and a health coaching program helps them make changes.

Stroke Foundation is part of a six-member alliance delivering My health for life, funded by Health and Wellbeing Queensland. In 2024, Stroke Foundation engagement activities resulted in 1,120 Queenslanders completing a health check. 467 Queenslanders went on to receive much-needed health coaching.

A 2024 highlight was Good for Gladstone, which engaged local stakeholders and delivered a month-long campaign to engage the Gladstone community in health promotion activities. 7,616 people attended a Good for Gladstone activity and 246 people completed a health check.

492 StrokeSafe
talks reached more than



21,000
people



2.9 million
people reached by
our **blood pressure**
awareness advertising



My health for life facilitated
health checks for
1,120
Queenslanders

Peter's story

In June 2014, Peter experienced a stroke. It is believed years of working in a high-stress role in the IT industry, as well as high blood pressure, contributed to his stroke.

This was a wake-up call for him. Despite living an active lifestyle throughout his younger years, it became evident his health had fallen second to his career goals.

With the support of his two sons and loving wife Jude, Peter began his rehabilitation journey and worked hard to get control of his body again. However, in the coming years, life continued to throw more hurdles his way.

In 2016, Peter was diagnosed with cancer, and in 2019, he lost his wife. This was a lot to cope with within a brief period of time, but with the support of family, a lot of soul searching, and time, he has found joy through relaxing with meditation and living a more balanced lifestyle.

Now living an active and healthy life, and eating a predominantly plant-based diet, Peter wants to educate more people about the impact high-stress work environments and an unhealthy work-life balance can have on the risk of stroke and other major health problems.



“

An unhealthy work-life balance and high levels of stress are not sustainable – and you are not invincible. It can catch up with you when you least expect it. Looking after your health is so important for you and your loved ones.

”

Survivor of stroke, Peter

National Hypertension Taskforce

Stroke Foundation is a co-founding partner of the National Hypertension Taskforce, in partnership with Hypertension Australia, the Australian Cardiovascular Alliance and the Heart Foundation. The taskforce is made up of Australia's leading experts, to address the most important known risk factor for stroke and the leading risk factor for death in Australia: uncontrolled high blood pressure.

In 2024, the taskforce published its roadmap to increasing Australia's blood pressure control rates from 32% to 70% by 2030. This marked a significant milestone – a testament to collective efforts and a path forward towards preventing stroke.

The roadmap, published in the Medical Journal of Australia, is built on three pillars

to prevent, detect and effectively treat high blood pressure. Embedded within these three pillars, ten key priority areas for action have been identified. These include developing simple up-to-date tools for health professionals, raising awareness, and improving the detection of people with high blood pressure.

To support the taskforce's implementation of the roadmap, Stroke Foundation and the Heart Foundation have joined forces to fund the taskforce's work through employing an Executive Officer and progressing the development of two new clinical guidelines: one for managing and treating hypertension (high blood pressure) and another for managing and treating lipids (such as cholesterol).

“

I want to thank everyone involved for daring to be ambitious and for driving change. This initiative is addressing an urgent health challenge, and I want to thank you for your contributions towards a healthier future for all Australians.

”

Minister for Health and Aged Care, The Hon Mark Butler MP, during his opening video address at the National Hypertension Summit

From left: Professor Markus Schlaich, Professor Alta Schutte, David Lloyd, Dr Lisa Murphy and Dr Catherine Shang at the National Hypertension Summit 2024.



Save lives

We support hospitals and healthcare providers across Australia to strengthen their capabilities in stroke care and rehabilitation services.

Goal

By 2024 93% of acute services and 86% of rehabilitation services will meet best practice requirements.

Treatment

We aim to collaborate, empower and advocate for a world-leading healthcare system for stroke in order to save lives and help people get the best start to their stroke recovery. We do this by providing up-to-date clinical recommendations in the Living Guidelines for Stroke Management, monitor the performance of stroke care nationally via the National Stroke Audit and develop or partner with activities that aim to improve stroke care.

Living Stroke Guidelines

The Living Stroke Guidelines continue to provide up-to-date clinical advice about best practice stroke care. With the help of more than 160 clinical experts and more than 35 lived experience experts across Australia, 5,226 new publications were screened, 658 new studies were reviewed, and the evidence summaries updated for almost two-thirds of topic areas.

Australian Stroke Alliance

Stroke Foundation continues to partner with the Australian Stroke Alliance (ASA), a key research program to improve stroke diagnosis and treatment outcomes by transforming emergency stroke diagnosis, brain scanning technology, road and air ambulance and pre-hospital stroke care.

In December 2024, the Australian Government committed a further \$15 million for the Stroke Golden Hour Program to continue the development of lightweight brain scanners and telehealth platform for air and road ambulances, with the goal to transform pre-hospital stroke care across Australia.

Mobile Stroke Unit

We were pleased to be a partner in the second Melbourne Mobile Stroke Unit (Stroke Ambulance) which commenced operation in Melbourne's south-east (Monash Health) at the end of 2024. The service will provide world-class pre-hospital care for people with suspected stroke which can save lives and enhance early recovery prior to hospital arrival. This complements the first Stroke Ambulance, now in its seventh year of operation, based at Royal Melbourne Hospital which has treated more than 10,000 stroke patients.



Launch of the second Mobile Stroke Unit.

Telestroke

Queensland became the final state to launch a statewide telestroke service and enable residents in regional and rural areas to have access to specialist stroke services comparable to those in metropolitan areas.

The service was launched at Hervey Bay Hospital in October 2024, and it will continue to roll out at regional and rural hospitals across Queensland in 2025 with the support of Stroke Foundation's Queensland StrokeLink team who deliver comprehensive quality improvement support to hospital teams in Queensland.

Audits

In 2024, 103 hospitals participated in the National Rehabilitation Audit. There were 3,454 patient case notes reviewed (over 30% of annual admissions), providing a robust and representative sample of rehabilitation care in Australia. National Audit results were launched on November 19th with over 180 clinicians attending to hear the results and a discussion by an expert panel with a Q&A session. The data and discussion highlighted the need for a comprehensive review of stroke rehabilitation from early input in acute care through to long-term management in the community.

Individual site reports were provided to all participating services and will enable teams to review their processes of care and engage in quality improvement activities and advocacy where clinical and/or systems gaps have been identified.

Stroke Unit Certification

Stroke Unit care is the single most important element of stroke treatment, for reducing death and disability. Care in a certified (vs self-declared) Stroke Unit is even better. Thirteen additional hospital services across four states achieved Stroke Unit Certification during 2024 (24 services certified to date).

Access to optimal Stroke Unit care is a component of the National Stroke Targets project (developed by the Australian Stroke Coalition) which has set key goals for improving the timing and quality of stroke care. We have actively promoted the Targets and contributed to national discussion and planning to advance this important work.



From back to front, left to right: Jane D'Souza (NUM Stroke Unit), Dr Philip Choi (Neurologist and Stroke Lead, Eastern Health), Claire Rossi (Stroke CNC), Jonathan Tomkins (Physiotherapist & Committee Member) Dr Ben Clissold (State Clinical Lead, Safer Care Victoria & Committee Member), Arelie Solano (Stroke CNC), Shelia Martins (President WSO), Tanya Frost (Stroke CNC, ASNEN Co-chair & Committee Member, Leah Pett (Program Coordinator).

Stroke Ambulance has treated more than



10,000
patients

3,454
patient case notes



reviewed in the **National Rehabilitation Audit**

13 hospital services
across 4 states



achieved **Stroke Unit Certification**

Warren's story

Warren experienced a stroke in May 2019. He was home alone, preparing to leave for work and about to shower, when he felt his eye lids closing involuntarily.

He had a few seconds to think, 'this is strange', before he blacked out.

About 10 minutes later, Warren heard a key in the door. His son, Arron, had come by on his way to work.

He began to bang feebly on the bathroom wall. Arron heard the thumping and found Warren on the floor.

He recognised a possible stroke and called triple zero (000) immediately. A short time later, the Mobile Stroke Unit arrived.

Warren was loaded onto a stretcher and into the back of this specialised Stroke Ambulance, where a neurosurgeon and a stroke nurse carried out a CT scan right there in front of his house, with the traffic stopped. They discovered a clot in his brain and gave him clot-busting drugs straight away.

He was then taken to the Royal Melbourne Hospital with sirens blaring, where he was given a second dose of clot-busting drugs and admitted to the Stroke Unit.

Importantly, all of this was completed within about an hour – the golden hour.

Laying in the ward, Warren was hit by an emotional tsunami. He was so grateful, and at the same time he was terrified, realising that his life could have ended that day and that he could still have another stroke.

Importantly, as a result of the world-class treatment that he received, Warren was on his feet nine weeks later, and was able to give his daughter away at her wedding. Several years later, his life is 95 percent back to where it was before his stroke.

“

My family is whole because of the quick thinking of my son and the arrival of the Mobile Stroke Unit in my driveway. I am thankful every day for being given my life back.

”

Survivor of stroke, Warren



Survivor of stroke, Warren and his family.

Stroke Foundation Quality Improvement Prize

Quality improvement projects are a vital element of the Learning Health System, which brings together all of the components of research, evidence and practice that contribute to the continuous cycle of improvement in healthcare.

Stroke Foundation encourages projects that lead to better care and outcomes in stroke by offering the Quality Improvement Prize to give annual recognition of achievement for an outstanding local quality improvement project. It recognises clinical innovation, excellence and commitment to improving patient experience and outcomes, through data collection, monitoring and use.

The 2024 prize was presented at the Smart Strokes conference by Stroke Services and Research Executive Director Dr Tope Adepooyibi, and the recipients were Rebekah Pickering and Janelle Preece of Hunter New England Local Health District for 'Feasibility of a Virtual Secondary Prevention and Self-Management Group Program Delivered to Regional and Rural Stroke Survivors.'

Based on the Living Clinical Guidelines, the program aimed to:

- › reduce secondary stroke risk – focus on lifestyle factors
- › support participants to engage in cardiovascular exercise (done safely from home with the guidance of a physiotherapist)
- › provide opportunity for peer support from other stroke survivors (group has 4–6 participants)
- › develop self-management skills to support living well after stroke, with particular focus on mood and fatigue
- › provide ongoing support, education and peer support options.

Results showed the feasibility of a virtual online program and that participants had increased physical activity, leg strength and healthy eating, and reduced salt intake, BMI and depression.

The winners were awarded the registration fee (\$750) for the Smart Strokes conference, and the opportunity to have presentation coaching from Stroke Foundation's Quality Improvement team.

“

A sincere thank you to Stroke Foundation for granting us the Quality Improvement award at the Smart Strokes conference last week. We enjoyed sharing our project and the opportunity to network with colleagues.

”



Stroke Services and Research Executive Director Tope Adepooyibi presenting the Stroke Foundation Quality Improvement Award to Rebekah Pickering and Janelle Preece from Hunter New England Local Health District.

Enhance recovery

We reach out to people impacted by stroke, connecting them with trustworthy information, resources, and post-stroke support.

Goal

By 2024 85% of Australians impacted by stroke will be offered a connection to Stroke Foundation and can access trustworthy information, resources, and post-stroke support.

Recovery

Stroke Foundation works to make sure all survivors, families and carers have what they need to achieve their best possible recovery and live a good life after stroke. We work with people with lived experience, health professionals and researchers to deliver information and support for all survivors of stroke, carers, families and friends.

StrokeLine Navigator

StrokeLine Navigator is an outreach service delivered by the StrokeLine team. Navigator is delivered in Tasmania and the Australian Capital Territory (ACT), funded by the Tasmanian and ACT Governments. In 2024, Navigator received 636 referrals from participating Tasmanian and ACT hospitals.

StrokeLine Navigators call survivors and family members after their hospital discharge. They check how they're going at home, answer questions, sort out problems and connect them with services in the community. 91% of StrokeLine Navigator clients say they would recommend the service to someone else.

StrokeLine

StrokeLine's health professionals offer practical, free, and confidential advice on stroke prevention, treatment, and recovery. In 2024, StrokeLine supported 2,598 survivors of stroke, their families, carers, and friends through phone calls, emails, and web enquiries. Compared to 2023, an additional 136 people received support from StrokeLine in 2024.

The issues faced by StrokeLine clients have become increasingly complex. 25% of inquiries were classified as complex in 2024, compared with 17% in 2023. The high quality of service delivered by the StrokeLine team has continued, with surveys showing 90% of clients would recommend the service to others.

My Stroke Journey

Most Australians don't know much about stroke. Our My Stroke Journey booklets have everything people need to manage their recovery and live a good life after stroke.

In 2024, Stroke Foundation worked with the Australian Aphasia Association to deliver the Aphasia Handbook. The Handbook became part of the My Stroke Journey suite, delivering much-needed information for survivors with communication difficulties.

In 2024, 23,166 copies of My Stroke Journey booklets were distributed, meaning that 72% of Australian stroke patients received a copy while they were in hospital. 3,396 people looked at My Stroke Journey online.

Young Stroke website

Stroke Foundation's Young Stroke website is a safe place for young survivors to get the information they need and connect with each other.

In 2024, 5,147 people accessed 32,643 pages of information on **young.strokefoundation.org.au**.

A highlight was a video series created by young survivor and aphasia advocate, Emma Beasley. The videos explained aphasia and offered practical advice. Emma's videos were watched by more than 1,400 people.

The Young Stroke website was codesigned with young survivors, their families and carers. New content is created by the community, with young survivors receiving support to deliver videos and podcasts from the Stroke Foundation team.

Stroke Foundation's Young Stroke website is funded by the Australian Government Department of Social Services.

EnableMe

Our stroke recovery website, **enableme.org.au**, connects survivors, families and carers to information, tools and to each other. In 2024, 89,011 people used EnableMe, accessing 295,868 pages of information.

Childhood Stroke Project

Each year up to 120 babies and 400 children have a stroke in Australia. The Childhood Stroke Project continued to deliver resources for children and families navigating childhood stroke.

Initiatives included a signs of stroke in babies poster and brochure, four podcast episodes and two childhood stroke webinars for health professionals and one webinar for the general public.

63 new families impacted by childhood stroke joined the Little Stroke Warriors online peer support community group and 18 families accessed StrokeLine for vital information, referral and support. 54 parents or carers received a copy of the Our Family's Stroke Journey booklet while their child was in hospital.

Our work in childhood stroke is generously supported by the Barr Family Foundation.



89,011



people have visited the **EnableMe website**

StrokeLine supported



2,598

survivors of stroke, their families, carers and friends



23,166

copies of **My Stroke Journey** were distributed

Economic Impact of Stroke Report



Minister for Health and Aged Care, The Hon Mark Butler MP.

Stroke Foundation is proud to deliver the 2024 Economic Impact of Stroke Report.

Delivered in partnership with Monash University and funded by our generous donors, with support from industry partners Boehringer Ingelheim, the Angels Initiative and Medtronic, the report provides a powerful evidence-base on the impact of stroke to the Australian economy and why action and investment is needed now for stroke prevention, treatment, and enhanced recovery.

Using the latest available data and comprehensive financial and epidemiological modelling, this important report focused on the direct health system costs, lost productivity costs and unpaid care costs related to stroke in Australia, and modelled potential benefits of implementing key stroke prevention, treatment and rehabilitation initiatives.

Data shows that 45,785 Australians experienced a stroke in 2023. That's one stroke every 11 minutes! There are now 440,481 survivors of stroke living in the community. We have no time to waste when it comes to stroke!

Based on the current trends, unless urgent action is taken to address the rising tide of modifiable stroke risk factors and improve

stroke prevention for all Australians by 2050, the number of stroke events is estimated to grow to 72,000 per year.

The report tells us that the annual economic impact of stroke to the Australian economy is \$9 billion. The report also details the \$459 million economic benefits that would be achieved by improving the rates of uncontrolled high blood pressure; better provision of acute care in line with the 30/60/90 National Stroke Targets; and improving access to community rehabilitation for survivors of stroke.

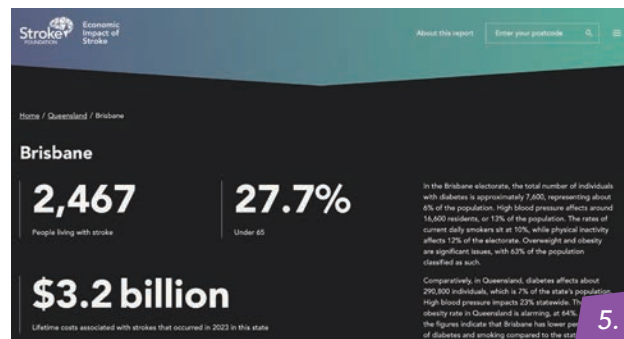
While the economic impact of stroke and statistics are a feature of this report, real people are behind each number and the impact of each stroke is felt by survivors, their families, friends and carers, and the broader community.

Launched at the Asia-Pacific Stroke Conference in Adelaide by the Federal Minister for Health and Aged Care, The Hon Mark Butler MP (pictured), and followed by a number of engagements with Parliamentarians and sector and industry leaders around Australia, this game-changing report will drive our advocacy and strategic efforts to influence change, and call for system improvements and greater investment in stroke prevention, treatment, and enhanced recovery for all Australians.

Economic Impact of Stroke Report Parliamentary Launches – WA, VIC & TAS



From left, **1:** Bob and Gail Campbell, Nichola Browning, Lisa O'Malley MP, Dr Lisa Murphy, Simon Millman MLA, Tony Hume, Prof Andrew Wesseldine, WA Stroke Director. **2:** Emma Vulin MP, survivor of stroke and co-chair of Victorian Parliamentary Friends Group. **3:** Dr Lisa Murphy with Hon. Jacquie Petrusma (Tasmanian Minister for Health) and Hon. Roger Jaensch (Tasmanian Minister for Mental Health and Wellbeing).



From left, **4:** Dr Tope Adepoyibi, Samantha Dagasso (Boehringer Ingelheim), Adrian O'Malley, Dr Alberto de la Hoz (Boehringer Ingelheim); Brenda Booth OAM, Saran Chamberlain, The Hon. Mark Butler MP (Minister for Health and Aged Care); Dr Lisa Murphy; Kim Malkin (Boehringer Ingelheim); Prof Dominique Cadilhac (Monash University); Dr Joosup Kim (Monash University). **5:** The Economic Impact of Stroke website.

“

Economic Impact of Stroke Report reminds us that while there have been huge advances for stroke prevention and care over the past 50 years, there is still more work to be done.

”

Minister for Health and Aged Care, The Hon Mark Butler MP, during his opening video address at the National Hypertension Summit

In addition to launching the report, Stroke Foundation also developed an interactive website: strokeimpact.org.au where members of the public can search and see how stroke is affecting their community.

Inclusion and Priority Communities

Reconciliation

Stroke Foundation completed its Reflect Reconciliation Action Plan (RAP) in September 2023.

Our Reflect RAP focused on building strong relationships, identifying stroke needs in Aboriginal and Torres Strait Islander communities and fostering self-determination. Another focus was to build a culturally aware and inclusive workplace. All of our employees receive cultural awareness training. In 2024, additional cultural awareness training was provided by Darak, to some staff, as part of our partnership with the Australian Stroke Alliance.

Stroke Foundation will launch an Innovate RAP in 2025 to deepen our commitment to reconciliation and health equity for First Nations peoples.

In 2024, a yarning project with four First Nations communities across Australia concluded. These communities included Alice Springs (NT), Kempsey (NSW), Cygnet (TAS), and Circular Head (TAS). A key outcome of the project was developing a F.A.S.T. poster for Aboriginal and Torres Strait Islander communities and forming partnerships for future work.

Stroke Foundation supported Mid North Coast Local Health District on their 'Reimagining F.A.S.T.' project which codesigned culturally appropriate warning signs of stroke resources in Dunghutti language.

Stroke Foundation partnered with Australian General Practice Accreditation Limited (AGPAL) with funding from the Australian Government's Department of Health to co-develop and implement culturally appropriate microlearning resources to support heart and stroke healing for Aboriginal and Torres Strait Islander peoples.

The inaugural First Nations Stroke Excellence Award category at the Stroke Awards launched in 2024, highlighting the significant achievements of Aboriginal and Torres Strait Islanders peoples working tirelessly to improve stroke outcomes for their communities.



Amy Thompson, Kerri Colegate (recipient of Stroke Foundation's 2024 First Nations Stroke Excellence Award), Dr Lisa Murphy and Joe Miller.

Greta's story

Greta rang StrokeLine and spoke to Siobhan, a StrokeLine health professional, in March 2024.

After a stroke in October 2023, Greta had changes to her vision and mood, as well as ongoing fatigue.

During the call, Siobhan worked to make Greta feel safe to talk about her concerns. Greta lived alone in Darwin, was no longer able to drive, and reported feeling socially isolated. She disclosed her previous suicide attempts and recent thoughts about ending her life. Siobhan listened, allowing Greta all the time she needed.

Greta and Siobhan talked about the role of hope in stroke recovery, and in managing depression and suicidal thoughts. Siobhan provided options for further support, referring Greta to Lifeline. She also encouraged Greta to make an appointment with her GP to talk about her mental health. Siobhan suggested a medication review and accessing professional support through a mental health care plan.

Siobhan understood the importance of social connection for Greta. She suggested talking to FriendLine for social support. She found a local stroke support group for Greta to join. With Greta's most pressing concerns dealt with, Siobhan broadened the conversation. Greta was unsure of her stroke risk factors. She spoke about wanting to get her heart checked. Siobhan provided secondary stroke prevention education. She again encouraged Greta to make an appointment with her GP and talked about the things Greta could do to reduce her stroke risk.

Siobhan also identified the need for further rehabilitation. She talked with Greta about accessing allied health services through a chronic disease management plan. As Greta couldn't drive to appointments, Siobhan provided information on local transport options. She also provided details on how to access support through Centrelink.



Research

We are proud to support the next generation of stroke researchers through targeted early career grants.

Stroke Foundation's Research Grants program has awarded more than \$6.7 million in grants to 225 researchers since 2008.

In 2024, four new research grants were awarded (\$164,669 in total).

Seed Grant Recipients (up to \$80,000)

- › **Dr Lloyd Chan**, Neuroscience Research Australia – *'SmartStep Stroke: A cognitive-motor step exergame program for improving mobility in stroke survivors.'*
- › **Dr Taylor Jenkin**, Murdoch Children's Research Institute – *'Finding my way: Co-designing an online psychosocial program to support adolescents with stroke in transitioning to adulthood.'*

Future Leader Grant Recipients (up to \$5,000)

Future Leader funding aims to strengthen leadership skills for emerging researchers, including those with lived experience, seeking to further their stroke research specialty and develop collaborative networks. For the first time both grant recipients are survivors of stroke.

› **Brooke Parsons**

› **Dr Kelly Miles**

In addition, through large-scale partnerships, coalitions and research networks, we continue to advocate for stroke research and the translation of evidence into practice.

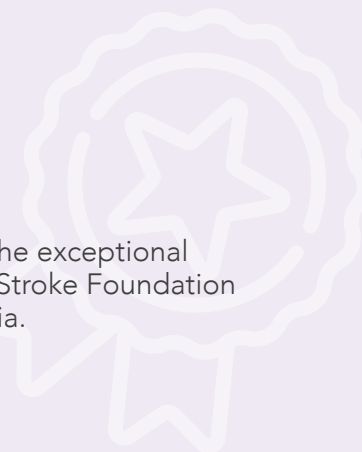


Future Leader Grant recipient and survivor of stroke, Brooke Parsons.

Stroke Awards

At Stroke Foundation we are regularly humbled by the incredible efforts that people in our wider community go to as they support their family and friends, raise awareness of stroke, and make a real tangible difference in the lives of those impacted by stroke.

Our annual National Stroke Awards acknowledge the exceptional individuals who make remarkable contributions to Stroke Foundation and our amazing stroke community around Australia.



2024 Winners



President's Achievement Award
Brenda Booth OAM, NSW



Courage Award
Rebecca Schmidt-Lachlan, NSW



Creative Award
Tiana Ekpanyaskun, VIC



Volunteer of the Year Award
Toni Arfaras, VIC



Fundraiser of the Year Award
Tommy Quick, VIC



Improving Life After Stroke Award
Amanda Clayton, QLD



First Nations Stroke Excellence Award
Kerry Colegate, WA



Stroke Warrior Awards
Joe Holden, NSW
Spencer McPherson, QLD
Piper Wakley-Keighran, NSW

Supporting Stroke Foundation

Stride4Stroke

Stride4Stroke 2024 demonstrated remarkable success in growing our profile and funding for mission activity. With over 1,750 participants nationwide and \$400,000 raised – exceeding 2023's total – this year's campaign highlighted the community's commitment to preventing stroke, saving lives, and enhancing recovery. A refreshed website and streamlined participation process improved accessibility, while participant stories and achievements increased visibility across digital platforms. The introduction of a ticket-based model for the Training with Mates event allowed more supporters to engage, contributing to the campaign's overall impact. Stride4Stroke continues to elevate awareness and provide essential funding for Stroke Foundation's lifechanging programs and resources. Thank you to all involved!

Fundraise4Stroke

In 2024, Fundraise4Stroke inspired individuals and communities to support Stroke Foundation's mission through creative and impactful initiatives, raising over \$250,000 to fund stroke prevention, awareness, and recovery services.

This year, we proudly launched our first-ever Facebook Challenge, engaging more than a thousand group members and raising over \$100,000 – exceeding all expectations. Additionally, our new peer-to-peer event, Strokes4Stroke, united the art community, significantly boosting awareness and fundraising efforts.

These innovative campaigns expanded our reach and strengthened support for Stroke Foundation's vital mission activities.

Counterstroke Golf

The 2024 Counterstroke Golf Classic, held across two stunning locations – the Mornington Peninsula and Bellarine Peninsula – once again attracted a diverse group of participants and sponsors, raising vital funds for stroke research grants. This year's fundraiser generated over \$120,000, directly supporting research efforts to advance stroke prevention, recovery, and treatment. The event not only boosted our profile across two key regions but also strengthened valuable partnerships and fostered community engagement.

David Brownbill Bequest Society

In 2024, we inaugurated the events for the David Brownbill Bequest Society by bringing our supporters together in Melbourne, Sydney, and Brisbane. Every event was made memorable, especially by survivors of stroke, volunteers, our CEO, President, and Co-Founder Mr David Brownbill.

Membership into the David Brownbill Bequest Society is complimentary to all supporters who generously commit to fighting stroke through the inclusion of a gift to Stroke Foundation in their Will. Our sincere thanks to those embracing recognition on our website, confirming their commitment to supporting us in their Will, with special appreciation for those choosing to remain anonymous.



Dr Lisa Murphy, survivor of stroke Marcus Burgess, Stroke Foundation President; Emeritus Professor Linda Kristjanson AO, and Amanda Clayton in Brisbane for the David Brownbill Bequest Society Event.

Meet Phil

Phil is one of our dedicated Fundraisers, who are out there all across the country trying to raise vital funds for Stroke Foundation's work.

Our Fundraisers positively engage with hundreds of people every day, and more than 11,000 people signed up as a Fight Stroke Partner (regular giving donor) throughout 2024.

Phil is 44 years old and originally from Liverpool, UK. He now calls Australia home and lives on the Gold Coast. Phil's dad had a stroke in July 2020, and he is very passionate about Stroke Foundation and our mission to prevent stroke, save lives and enhance recovery.

In 2024, Phil recruited an amazing 393 Fight Stroke Partners for Stroke Foundation – which equates to over \$100,000 in donations to Stroke Foundation over the next 12 months!

Well done, Phil...and thank you to all of our dedicated Fundraisers who are out there making a difference.



“

I am deeply passionate about reducing the impact of stroke on families and individuals. After having gone through this with my father and recently losing him, I feel that Stroke Foundation's mission – treating stroke more effectively, diagnosing it sooner and educating people about the dangers and how to avoid this are invaluable.

”

Stroke Foundation fundraiser, Phil

Sharing our message

In the news

Sharing stories through the media is one of the wonderful ways Stroke Foundation highlights the strength of its community and informs Australians on stroke. In 2024, Stroke Foundation featured in 3,310 individual pieces of news, with stories of new treatments, exciting research, awareness and survivors' personal experiences. Coverage was gained across metropolitan and regional Australia, reaching an audience of more than 59 million people.

Campaign reach

To reach our diverse community we used a variety of digital and traditional media platforms such as Facebook, Google Ads, Microsoft Bing Ads, YouTube, radio and catch-up TV to drive awareness, encourage behaviour change and promote action such as donations.

In 2024 we ran 14 digital advertising campaigns which achieved 27.9 million impressions and resulted in 23% more donors than in 2023. Our most successful campaign in 2024 was the F.A.S.T. awareness campaigns focused on regional and culturally and linguistically diverse (CALD) communities that delivered a combined 13.3 million impressions.

Digital performance

Stroke Foundation's website saw a strong performance in 2024, with around 1.3 million page views, including 687,000 first-time visitors (645,000 in 2023). The 'Diet after stroke' fact sheet page was the most visited, with 70,000 views, followed by the 'Signs of stroke' fact sheet with 68,000 views. The growing interest in dietary information aligns with the i-REBOUND site, which promotes healthy eating and active living.

Volunteers

Volunteers play a vital role in supporting our work to prevent stroke, save lives and enhance recovery. In 2024, 194 dedicated volunteers contributed their time, skills, and passion across 23 diverse roles: from governance roles to speakers raising awareness in the community and those in fundraising and advocacy. Their efforts have strengthened our programs, expanded our reach, and made a meaningful difference in the lives of survivors of stroke and their families. We are deeply grateful for their commitment and the impact they create every day.

Advocacy

Stroke Foundation is an a-political organisation, meaning we engage, advocate and partner with all Australian governments to influence public policy, system design and strategic investment for programs and initiatives which advance our mission to achieve equitable stroke health outcomes for all Australians.

We encourage and empower our community of survivors of stroke and their allies to engage and work with us, so we can amplify their voice of lived experience with government and other key decision-makers, to achieve the policy, service delivery and system changes urgently needed to improve stroke awareness, prevention, treatment and recovery in Australia.



Teaching more Australians the F.A.S.T. signs of stroke

The F.A.S.T. (Face, Arms, Speech and Time) message highlights the three most common ways to recognise a stroke and reminds us that time is critical when seeking treatment.

Stroke is always a medical emergency, and medical care must be sought without delay. Stroke Foundation shares this message widely to encourage all Australians to learn it and share it with others.

Federal Government grant for F.A.S.T. education

Extended for a fifth year in 2024, the Australian Government-funded F.A.S.T. Community Awareness and Education project reached more than 1.7 million regional and culturally and linguistically diverse (CALD) Australians this year with important stroke health awareness messages. A multichannel advertising campaign, supported by 59 StrokeSafe community education talks and distribution of almost 14,000 translated in-language resources (bookmarks, wallet cards, magnets), targeted the priority populations of ten regional and eight CALD communities with the identified highest prevalence of stroke in the 40+ age bracket for the project.

National Stroke Week

National Stroke Week ran from 5–11 August 2024 encouraging the community to learn more about the F.A.S.T. signs of stroke. The campaign consisted of email marketing, downloadable resources, Facebook advertising and public relations support via our media team.

Results of the 2024 campaign saw some amazing media coverage throughout National Stroke Week with more than 540 mentions, featuring stories from our stroke community on radio, online, newsprint and magazine.

Health professionals participated in National Stroke Week events from 82 stroke sites across Australia.

Four hospital sites celebrated receiving Australian Stroke Coalition Stroke Unit Certification during National Stroke Week.

The StrokeSafe Speaker Program peaked during August with 72 presentations held and 27 taking place during National Stroke Week alone.



State Government Funders

Stroke Foundation is grateful for the ongoing partnership from the Australian Capital Territory, Western Australian, and Tasmanian Governments which help support us to continue delivering the F.A.S.T. Community Education initiatives across metropolitan and regional Australia.

Financials

In 2024 Stroke Foundation achieved an operating surplus of \$701,000, a significantly improved financial position compared to the budgeted 2024 deficit of \$251,000 and the 2023 operating deficit of \$657,000.

This is a purposeful financial turnaround, with the aim to establish consistent annual operating surpluses as a key objective to fund future mission-critical investments. Building on this positive momentum, the organisation has budgeted for a surplus of \$351,000 in 2025, further reinforcing its commitment to sustainable financial performance.

The 2024 net surplus resulted from several key strategic cost management initiatives. First, the development of our new strategic plan which launches in 2025, Strategy 2027, led to a prioritisation of core mission activities, reducing any non-essential programs and overheads. This approach includes savings across multiple expense categories, including consultancy, face-to-face acquisition, marketing and IT expenditure.

Second, research costs were also lower due to the new phasing of research payments for the first time in 2024 which was introduced to reduce the risk associated with providing upfront grant payments. Rather than making lump-sum payments, research commitments were divided into tranches, with some payments for 2024 research commitments shifting into the 2025 fiscal year.

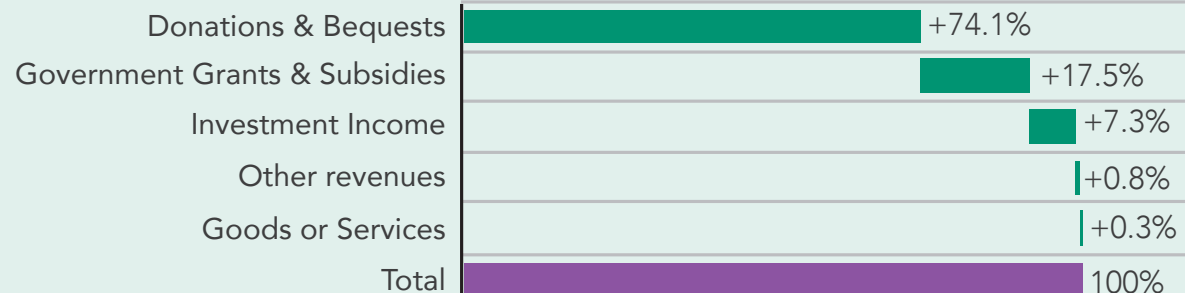
Finally, the investment portfolio performance contributed significantly to the favourable financial outcome, with realised and unrealised gains totalling \$1,026,000 which is an increase on the prior year's gains of \$737,000, although it is noted that the economic outlook remains volatile with uncertainty around international markets and interest rates.

During 2024, the Foundation continued to deal effectively with varying economic conditions, including increasing prices for goods and services, offset by increasing interest rates which generate additional income (albeit at a lower volume to the increasing costs). Fundraising programs were able to maintain growth in regular giving donors, which is now the largest income stream, that provides a reliable, consistent source of ongoing revenue.

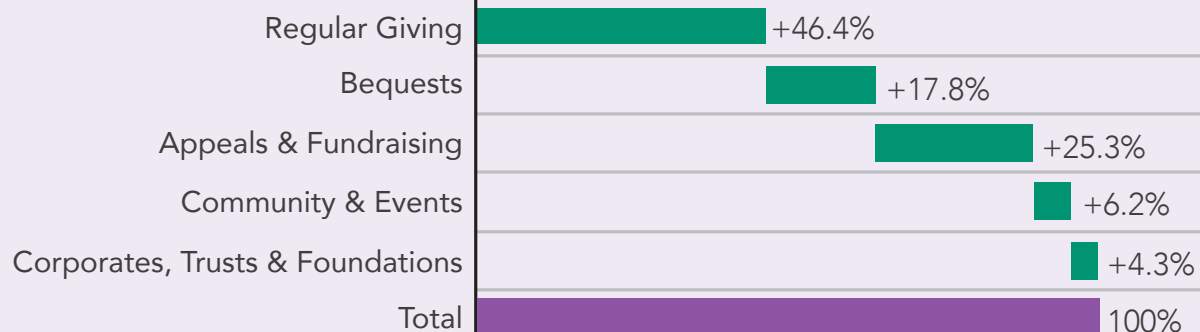




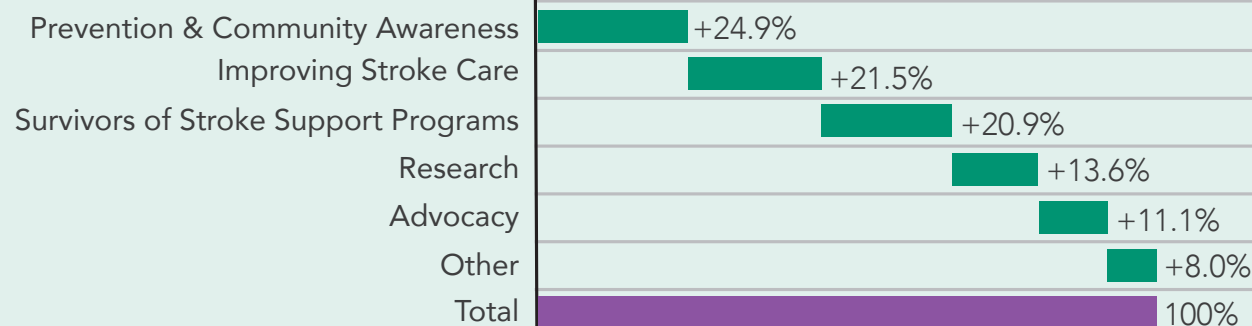
Sources of income 2024: \$21.1M



Donations & Bequests 2024: \$15.6M



Program Support 2024



Those who stand beside us

As Australia's only national charity dedicated to stroke, we are privileged to have many talented, passionate, and generous supporters standing alongside us.

We are the trusted voice of stroke in Australia, but without this incredible team and community, that role would be so much harder to fulfil.

We thank all of those who work and inspire us and champion our work:

- › Patrons
- › Ambassadors
- › Our Board
- › Our Clinical Council
- › Our Consumer Council
- › Our Audit, Finance, Investment and Risk Committee
- › Our Governance and Nominations Committee
- › Our Research Advisory Committee
- › Our Philanthropy Committee
- › Our Stroke Prevention Advisory Committee
- › Our Childhood Stroke Lived Experience Advisory Group
- › Our Reconciliation Action Plan Working Group
- › Governments, health services and health professionals, right across the country
- › Team Stroke, our amazing volunteers and our supporters
- › And to all those who are personally impacted by stroke – you are our inspiration.

We express our heartfelt thanks to you all.

Our Board

President

- › Emeritus Professor Linda Kristjansen AO

Vice President

- › Ms Shelly Park (*appointed 1 September 2024*)
- › Mr Chris Nunn (*resigned 1 May 2024*)

Directors

- › Ms Sally Bateman
- › Mr Robert Campbell
- › Professor Helen Dewey
- › Professor Coralie English
- › Mrs Victoria Hepburn
- › Mr Tony Hume (*appointed 12 December 2024*)
- › Ms Lisa Cook Kleeman
- › Mr Peter Nikolettatos
- › Ms Janice Thomas
- › Mr Phillip Vernon

Company Secretary

- › Mr Matthew Oakey

Clinical Council

- › Professor Helen Dewey, Chair
- › Ms Haylee Berrill (appointed November 2024)
- › Associate Professor Ronil Chandra
- › Dr Lauren Christie (appointed November 2024)
- › Dr Carlos Garcia-Esperon
- › Associate Professor Martin Jude OAM
- › Dr Tamina Levy
- › Associate Professor Mark Mackay
- › Ms Lauren Pesavento
- › Ms Annabelle Vaughan
- › Professor Seana Gall (retired 2024)
- › Professor Natasha Lannin (retired Deputy Chair 2024)
- › Professor Steven Faux (retired 2024)

Stroke Prevention Advisory Committee

- › (Chair position vacant)
- › Ms Kim Beesley
- › Dr Nicholas Gilson
- › Professor Mark Harris
- › Dr Siobhan Hickling
- › Professor Simone Pettigrew

- › Professor David Thomas
- › Professor Seana Gall (retired 2024)

Consumer Council

- › Mr Robert Campbell, Chair
- › Ms Kim Beesley (Deputy Chair from 2024)
- › Ms Antonia 'Toni' Arfaras
- › Ms Dee Banks
- › Ms Elisha Deegan
- › Ms Amy Jennings
- › Ms Letisha Living (appointed April 2024)
- › Dr Luckmika Perera
- › Ms Veraina Ryan (appointed April 2024)
- › Ms Alison Reidy (appointed April 2024)

Audit, Finance, Investment and Risk Committee

- › Mr Phillip Vernon, Chair (appointed 1 May 2024)
- › Mr Robert Campbell
- › Mr Peter Nikolettatos
- › Ms Jes Stone Herbert
- › Mr Christopher Nunn, (retired Chair 1 May 2024)
- › Mr Narayan Prasad (retired 28 November 2024)

Governance and Nominations Committee

- › Ms Lisa Cook Kleeman, Chair
- › Ms Sally Bateman
- › Mrs Victoria Hepburn (appointed April 2024)
- › Professor Linda Kristjanson AO
- › Mr Christopher Nunn (retired May 2024)

Research Advisory Committee

- › Professor Coralie English, Chair
- › Professor Monique Kilkenny (Deputy Chair)
- › Dr Katharine Brown
- › Ms Saran Chamberlain
- › Dr Wayne Loudon (appointed 16 August 2024)
- › Dr Felix Ng
- › Dr Samantha Siyambalapitiya
- › Professor Nigel Stocks (appointed 16 August 2024)
- › Dr Julia Tresidder (appointed 16 August 2024)
- › Associate Professor Alyn Turner
- › Professor Mark Nelson (retired 24 May 2024)
- › Dr Eleanor Horton (retired 11 October 2024)

Philanthropy Committee

- › Ms Sally Bateman, Chair
- › Mr Nick Corridon (appointed 27 November 2024)
- › Mr Tony Hume
- › Professor Linda Kristjanson AO
- › Ms Janice Thomas

Patron-in-Chief

- › General the Honourable David Hurley AC CVO DSC (Retd) (until July 2024)
- › Her Excellency the Honourable Ms Sam Mostyn AC (from October 2024)

Patrons

- › Mr David Brownbill AM
- › Sir Gustav Nossal AC CBE
- › Lady Marigold Southey AC

Ambassador

- › General the Honourable Sir Peter Cosgrove AK CVO MC (Retd)

Auditors

- › Pitcher Partners

Investment Advisors

- › JB Were

Honorary Life Members

- › Mr Paul Leeds
- › Mr Michael Hill
- › Mr David Brownbill AM
- › Sir Gustav Nossal AC CBE
- › Lady Marigold Southey AC
- › Professor Christopher Bladin
- › Professor Christopher Levi
- › Dr John Lill OAM
- › Professor Stephen Davis AO
- › Mr William Forrest AM
- › Mr Andrew Buckle OAM
- › Professor Richard Lindley
- › Professor Richard Larkins AO
- › The late Mr Peter Mitchell AM
- › Professor Julie Bernhardt AM
- › Dr Erin Lalor AM
- › Professor Geoffrey Donnan AO
- › Professor James Angus AO
- › Professor Amanda Thrift

Our Sponsors and Supporters

Major Partners

 abbvie

 angel2

 Aviso
Group

 Boehringer
Ingelheim

 EM VISION

 MY
HEALTHSTYLE

 Medtronic

 Precision
Group

 SERVIER
moved by you

 Tradeweb

Supporting Partners

- › aida
- › Australian Physiotherapy Association
- › Brennan
- › Clover Marketing
- › GIG
- › Ipsen
- › Loxley Financial
- › NAB
- › Neuromersiv
- › Nicolab
- › Performance Health
- › Promo Stuff
- › Renewed after 50
- › The FIN Agency
- › Wisewould Mahony
- › Worrels

Businesses

- › Arnold Bloch Leibler
- › Corrs Chambers Westgarth
- › Bunnings
- › J.J Waste & Recycling
- › OneHarvest
- › Ritchies Stores
- › Silverline Medical
- › McCullough Roberston
- › Versa

Trusts & Foundations

- › Barr Family Foundation

- › CommBank Staff Foundation
- › Freemasons Foundation Victoria
- › The Elizabeth & Barry Davies Charitable Foundation
- › The Lionel & Yvonne Spencer Trust
- › The Wood Foundation

Government

Australian Government

- › Department of Health and Aged Care
- › Department of Social Services Information, Linkages and Capacity Building (ILC) – (Previously National Disability Insurance Agency)
- › Medical Research Future Fund (MRFF) Cardiovascular Health Mission

State/Territory Governments

- › Australian Capital Territory Health Directorate
- › Queensland Health
- › Tasmanian Department of Health
- › Western Australia Department of Health

Health and Charity Partners

- › Australian Aphasia Association
- › Ambulance Victoria
- › Cochrane Australia
- › Diabetes Australia
- › Genyus Network
- › Royal Melbourne Hospital (RMH) Neuroscience Foundation
- › Monash University
- › Murdoch Children's Research Institute
- › National Heart Foundation
- › The Florey
- › University of Melbourne
- › University of Sydney, Westmead Applied Research Centre, The Centre for Research Excellence to Accelerate Stroke Trial Innovation and Translation (Stroke Trials CRE)
- › University of Tasmania
- › Heart Research Institute (HRI)
- › Australian General Practice Accreditation Limited (AGPAL)
- › Mid North Coast Local Health District

Key Alliances

- › Accessible Product Design Alliance
- › Australian Chronic Disease Prevention Alliance (ACDPA)
- › Australian and New Zealand Stroke Organisation (ANZSO)
- › Australian Stroke Alliance (ASA)
- › Australian Stroke Clinical Registry (AuSCR)
- › Australian Living Evidence Collaboration (ALEC)
- › Australian Stroke Coalition (ASC)
- › Australian Cardiovascular Alliance (ACvA)
- › Consumers Health Forum of Australia
- › National Hypertension Taskforce
- › Neurological Alliance Australia (NAA)
- › World Stroke Organization

Gifts in Wills Supporters

We are honoured to receive the generous legacies from supporters who passed away and left a gift in their Will to ensure better stroke prevention, treatment and recovery for our generation, and generations to come. Gifts were received from the following Estates in 2024:

- › Alfredson Family Precut Houses Trust
- › Centenary Foundation – Matheson Bequest
- › Centenary Foundation – The Robert Donnan Memorial
- › Loeky Wiersma Charitable Fund
- › Perpetual Foundation – Marlene Phillips Endowment
- › Alan Charles Nicholson
- › Alice Emily Kaufmann
- › Ann Maree Arnold
- › Anthony Rex Leonce Aslangul
- › Barbara Amelia Pagotto-Roper
- › Barbara Clare McIntyre
- › Bernadette Nola Allen
- › Betty Gweneth Gooch
- › Brenda Sylvia Tait
- › Catherine Mary Polinelli
- › Christopher John Moore
- › Clarence Michael Burke
- › Daphne Isobel Degotardi
- › Denis Stanley Klein
- › Donald Beresford Anstey
- › Edna Mavis Nemecek
- › Edward Neil Hawting
- › Elizabeth Paterson Senior
- › Elizabeth Therese Collard
- › Francis Norman Smith
- › Francis Ryan
- › Gertrude Tatzel
- › Harold Lawrence Barons
- › Heatherbell Margaret Evans
- › Helen Mary O’Flaherty
- › Helen Pearl Twaddell
- › Helene Anna Beulke
- › Hendrika Catharina Maria Francien Stobbe-Croes
- › Henry Terence Latchford
- › Ilena Louise Miller
- › Ilma Joan Madden
- › Ivan Eric Schache
- › Ivy Zischke
- › J O Fairfax AC
- › James Mullan
- › Jill Elizabeth Holst
- › Joan Pauline Cross
- › Johanna Cornelia Stimpson
- › Joyce Polson
- › Len John Grasso
- › Leslie Allan Maurer
- › Lorace Olive Kitson
- › Margaret Dobson
- › Margaret Mary Finnegan
- › Margot Claringbold
- › Marjorie Ada Keller-Tun
- › Marjorie Dawn Bridgman
- › Mary Joyce Robertson
- › Maurice William George Butterworth
- › Muriel Gauder
- › Noel Desmond Vagg
- › Nola Therese Bren
- › Patricia G Hookham
- › Pauline Mary Kranjcec
- › Peter John Fegan
- › Phyllis Claire Fogarty
- › Raymond James Ellis
- › Richard Gottfried Klaus
- › Richard Jon Graham
- › Ruth Irene Lawrence
- › Sheena Sims
- › Shirley Leatrice Long
- › Sidney George Lewis
- › Stanley James Pendall
- › Sue Bell
- › Terence Allan Cooper

- › Valma Mary Cox
- › William Michael Johnston
- › The Harris Twins Charitable Legacy

Major Donors

With sincere gratitude to the individuals and families playing a leading role in supporting game-changing advances in stroke for survivors, their carers and families, health professionals and researchers.

- › Mr & Mrs Robin & Geoff Aubourg
- › Bagot Gjergja Foundation
- › The Jack and Hedy Brent Foundation
- › Mr & Mrs Leo & Ann Browne
- › The Carretta-Mason Foundation
- › The Coggan Family
- › Ms Jeanette Craven
- › The Ronald Alan Curry Trust
- › Mrs Barbara Dungavell
- › The Equity Trustees Charitable Foundation – The Will & Dorothy Bailey Charitable Fund
- › Elin Family Gift
- › Miss Jane Farrell
- › The Gabo Foundation
- › Gold Coast Stroke Support Group
- › The Halifax Foundation
- › Dr Margaret Harding
- › Hopetoun Fund
- › Mr David Jackson
- › Mr Arthur Keates
- › Kempen Family Foundation
- › Mr David Kindness
- › Kingfam Foundation
- › J & E King Family Foundation Limited
- › Mr James Kropp
- › Pat & Helen La Manna Legacy
- › The James and Jutta Lauf Foundation
- › Mrs Leah McGinniss
- › In Memory of Margaret Alison Melvin
- › Mrs Sylvia Miller
- › Graham and Pam Nock Foundation
- › Mr & Mrs David & Glenys Overton
- › Annie & John Paterson Foundation
- › The Henry Pollack Foundation
- › Betty and Dot Price
- › Potts Foundation

- › Mrs Janet Pruden
- › Miss Jane Rich
- › Ms Jill Ross-Perrier
- › Dr John Schiller
- › Mrs Julie Scott in honour of James Bell
- › Mrs Di Shakespeare
- › Miss Alison Sprague
- › The Sun Foundation Pty Ltd
- › Mr James Tait
- › Ms Jennifer Tatchell
- › Ms Julia Walker
- › Wood Family Foundation
- › Mrs Marlene Young

Endowment Fund – Major Donors

- › The late Mr & Mrs Vic & Nancy Allen
- › Mrs Shirley & the late Mr David Bennier
- › Carpenter Family
- › Mr & Mrs Bruce & Lynette Glendinning
- › Mr Nick Oliver
- › Mrs Florine Simon

Counterstroke Golf Classic Committee

- › Elizabeth Cotton (Co-Chair)
- › Caroline Ennels (Co-Chair)
- › Gail Long
- › Paula Barton
- › Hilary Yencken

- › Ross Eddy
 - › Alison Doherty
 - › Theresa Whalen
- Major Community Fundraisers**
- City2Surf**
- › Gabrielle Nguyen
 - › Amy Bottrell
 - › Anita Temple
 - › Keith Hewlett
 - › Mishek Mukonoweshuro

Great Ocean Road Running Festival

- › Marc Inglis

Nike Melbourne Marathon Festival

- › Shelby Kniese
- › Bridie Kniese

fisiocrem GC50 Run Festival

- › Marcus Burgess
- › Cohen Kirby
- › Reesha Sampang
- › Jansen Coopa

Gold Coast Marathon

- › Kyle Smith

HBF Run for a Reason

- › Tori Bolland

Lumary City-Bay Fun Run

- › Connor Herron

Run Melbourne

- › Trust Bosha
- › Lillian Patterson

- › Braden Spencer
 - › Christine Ebbs
 - › Vi Huynh
 - › Jason Juan
 - › Julia Meadows
 - › Matt Pollock
 - › Juliet Bibby
 - › Indigo Carlson
- Runaway Noosa Marathon**
- › Sophie Price
- Runaway Sydney Half Marathon**
- › Matthew Lloyd
- South32 Rottneest Channel Swim**
- › Teke Vernon
 - › Jonathon Price
 - › Tracey Price
- Stadium Stomp MCG**
- › Emily Clarke
 - › Simone Hoare
 - › Simon Beveridge
- Mt Kozi Moonlight Summit**
- › Shannon Nelson
 - › Joel Daniels
 - › Marcus Burgess
 - › Vicki Abraham
 - › Priya Sharma
 - › Andrew Ross
- TCS Sydney Marathon presented by ASICS**
- › Mel Valdes

- › Gary Anderson
 - › Jessica Jenkins
 - › Ricalin Calica
 - › Amit Mehta
- The Canberra Times Marathon Festival**
- › Andria Galea
- Sunshine Coast Marathon**
- › Eve Waddell
 - › Mardi Hamilton
- Bridge to Brisbane**
- › Josie Dooley
 - › Richard Cresswell
 - › Emilie Cresswell
- 76km in May Facebook Challenge**
- › Geoff Greentree
 - › Prue Deans
 - › Brooke McInerney
 - › Kate Ritchie
 - › Alison Palmer
 - › Sarah Knopke
 - › Rosalie Agnew
 - › Jason Jordan
 - › Stephen Fullarton
 - › Shelagh Brennand
 - › Cassie Hayward
 - › Paula Bourne
 - › Joanne Fletcher-Boyle
 - › Christine Stephenson
 - › Casey Heath
 - › Jodie Baker
 - › Belinda Warner

- › Bronwyn Campbell-Northover
 - › Leanne Harrison
 - › Danielle Platt
 - › Kay Stevens
 - › Megan Reeder Hope
 - › Hayley Elice
- Fundraise4Stroke**
- › Nichole Mckilliam (Run for Resilience)
 - › Ken Philp (Lotus Car Club Qld)
 - › Nathan Nguyen (Steps for Stroke 2024)
 - › Shannon Nelson (Shan & Stew's 7 Bridges Walk)
 - › Antony Stephenson (Platabeen Rovers Trivia Night)
 - › Dana Burgan (Team Luka: Little Stroke Warriors)
 - › Yasmine Kennedy (Running in Memory: Angkor Wat Half Marathon)
 - › Riley Mymin (Riley's Barmitzvah)
 - › Christina D'Sylva (The Stingy Mama "Wicked" Fundraiser)
 - › Sandro Ferella (Maria Ferella Fundraiser)
 - › Bob Carey-Grieve (Bob's Big 50/50 Split)
 - › Julia Torkos (In Loving Memory ❤️)

- › Cath Butler-Crabtree (South32 Rottnest Channel Swim)
- › Mark Hodby (In Loving Memory ❤️)
- › Rachel Smith (Doing it for Dad)
- › Shay Brydon
- › David Crombie (David's MSGong ride from Sydney to Wollongong)
- › Connor Hudson (Connor's 76 for 76)
- › Gemma Pearson (100km from Portsea to Port Melbourne)
- › Callum Macrae (Moana 2 Charity Screening – Set Sail to Save Lives)
- › Lotus Club Queensland
- › Ilona Lavender
- › Mandurah Mayday
- › Graham Appleby
- › Lions Club of Kiama Inc
- › Peter Brown
- › Peter Leech
- › Platabeen Rover Crew
- › Services Australia
- › Lodge of the Golden Fleece
- Stride4Stroke (Individuals)**
- › Richard Crookes
- › Nicole Torrance
- › Joe Cassaniti
- › Ivana Milnes
- › Charlotte Kranz
- › Rachel Carseldine
- › Kellie Paterson
- › Lisa James
- › Clive Kempson
- › Jessica Hall-Everingham
- › Cassandra Lawrence
- › Daniel Maitland-Smith
- › Stephen Batchelor
- › Carla Phillips
- › Charlize Sygidus
- › Larry Musolino
- › Chloe Portwine
- › Kara Rendell
- › Erin Marteene
- › Alison Hallworth
- › Shania Leach
- › Mandy Bell
- › Mia Chapman
- › Jennifer Clement
- › Rob Lee
- › Naomi Mallin
- › Melena Birtles
- › Steph Jansen
- › Graeme Leese
- › Rod Avery
- › Euan Weate
- › Sarah Miles
- › Nat Purser
- › Coralie Blinco
- › Katherine Dunbar
- › Jes Stone-Herbert
- › Tamara Montanelli
- › Louise Travaille
- › Pierre Nunns
- › Melanie Tilley
- › Marisa Versace
- › Mick Vague
- › Holly Mood
- › Ryan Webber
- › Kate Grant-Foley
- › Kimberley Cootes
- › Ella Johnston
- › Linda Kristjanson
- › Jamie-Leigh Bollinger
- › Maddison Barratt
- › Daman Grewal
- › Steven Harris
- › Elizabeth Woodfield
- › Aaron White
- › Belinda Swift
- › Jess Hall
- › Jodi O'Connell
- › Emily Nutton
- › Mealea Khoeun
- › Desiree McKenzie
- › Heidi Kaethner
- › Tracy Howse
- › Rebecca Schmidt-Lachlan
- › Adam Evans
- › Vicki Rowlands
- › Kaz Powers
- › Crystal Bertoli
- › Susan Wilson
- › Darcy Brown
- › Tim Anderson
- › Tina Caruso
- › Sherree Morgan
- › Jenny Edwards
- › Jade Spicer
- › Amy Southwood
- › Abby Jones
- › Dharsha Petrie
- › Laura Grimmett
- › Kathryn Ewenson
- › Daniel Beuth
- › Lucilla Marshall
- › Nevanka McKeon
- › Stephen Harrington
- › Steven Baskett
- › Kerri-Anne Williamson
- › Jessica Watson
- Stride4Stroke (Teams)**
- › TWM Stride4Stroke 2024
- › Onwards & Upwards 2024
- › Sail4Stroke 2024
- › Different Strokes for different folks
- › Macca's Team
- › Team Barila
- › Herbie Racing Team
- › DDHHS Stroke Striders
- › Move for a cause
- › Daggy's Comeback Crew
- › Team Johnstone
- › Team Tzakos
- › Kathy's Power Walkers
- › Stride 4 Glenn
- › NCAMU – Forster Delivery Team
- › Stride4Jan
- › Farmer Dan and his Clan









Stroke Foundation would like to thank the many thousands of people who have generously donated their time and money to ensure we are here to support all Australians whose lives have been changed by stroke.

Cover image: Survivor of stroke Neil in the Stroke Ambulance

Contact us

-  1300 194 196
-  strokefoundation.org.au
-  [/strokefoundation](https://facebook.com/strokefoundation)
-  [@strokefdn](https://twitter.com/strokefdn)
-  [@strokefdn](https://www.instagram.com/strokefdn)

How to get more involved

-  **Give time** – become a volunteer.
-  **Raise funds** – donate or hold a fundraising event.
-  **Speak up** – join our advocacy team.
-  **Leave a lasting legacy** – include a gift in your Will.
-  **Know your numbers** – check your health regularly.
-  **Stay informed** – keep up-to-date and share our message.