"Cook Well After Stroke" Program Study

INFORMATION FOR PARTICIPANTS/CONSENT FORM



We know that eating well

can help **reduce** the **risk** of



and keep you **healthy**.



We have designed a **Stroke Recipe Book**

and **Cooking Videos**



that may help you eat better

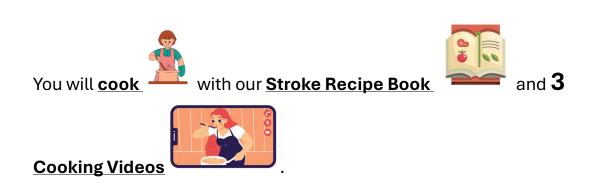


What will you do in the study?

Join for 10 weeks.

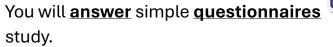


You can join with your carer or family member



You will get a \$100 gift card to help with the costs of food.



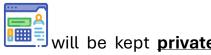




at the start and end of

Your **privacy**







Only the <u>researchers</u>



will see your information.



You can say no

at any time.

If you want to **join**, **contact Nicole.**

Phone: 49216420

Email: ChianThong.Chun@uon.edu.au

| Do you understand the study? (select one) | |
|---|----|
| Yes | No |
| Would you like to join? (select one |) |
| Yes | No |
| Signed: | _ |
| Date: | _ |
| For researcher: | |
| Name: | |
| Signature: | |
| Date: | |