

The Stroke Foundation is a national not-for-profit organisation that works with stroke survivors, carers, health professionals, government, and the public to reduce the impact of stroke on the Australian community. Our mission is to Prevent Stroke, Save Lives, Enhance Recovery.

## Purpose of the program

As a part of the Stroke Foundation's commitment to increasing awareness and prevention of Stroke in Queensland, we are working collaboratively with an alliance of organisations to deliver the My health for life program. The objectives of the My health for life program are:

- › Effectively identify people at risk of developing chronic diseases and provide them with appropriate behaviour modification interventions
- › Improve participants' knowledge about chronic disease risk factors, enhance capacity for healthy behaviour change
- › Improve the adoption and maintenance of healthy behaviours
- › Contribute to improved coordination across the prevention Program system
- › Manage and use insights from multiple sources of data and evidence to inform and improve Program design, delivery, and adaptation

The My health for life program includes work streams across six alliance organisations (Diabetes Queensland, Stroke Foundation, Heart Foundation, Ethnic Communities Council of Queensland, Queensland Aboriginal and Islander Health Council and the seven Queensland PHNs). The role of the Stroke Foundation is to work as part of the Engagement Stream, working closely with communities to enhance access and engagement of the program by Queensland adults.

## Purpose of the role

Reporting to the Health Prevention Program Team Leader, the Regional Project Officer will coordinate the engagement and delivery of the My health for life program across specific regions. This position will work closely with the Workplace Project Officer, local My health for life program Providers, local stakeholders, and alliance organisations to ensure efficient delivery of the program.

## Key responsibilities

- › Deliver the *My health for life* program engagement strategy in collaboration with partner organisations
- › Engage and support stakeholders to build the *My health for life* program delivery capacity and support individuals within the *My health for life* target group
- › Identify and coordinate the implementation of *My health for life* health check activities, working closely with *My health for life* Providers
- › Working closely with *My health for life* Providers to help embed program recruitment processes into their systems and enhance their ability to support prevention within their communities where appropriate
- › Work closely with the Workplace Project Officer to deliver *My health for life* workplace program with organisations in the region.
- › Assist with other *My health for life* related projects including reporting and improvement processes as required

## Your background, skills, and experience

- › Tertiary qualifications in Health, Health Promotion, Public Health or related field (essential)
- › Ability to build and maintain relationships with partner organisations
- › Demonstrated ability to develop and implement strategies to meet organisational and program targets in a timely manner
- › Ability to work under broad direction and with autonomy, as well as part of a team
- › Experience working with disadvantaged groups including people from culturally diverse backgrounds and people of Aboriginal and Torres Strait Islander backgrounds
- › Knowledge of the principles of health promotion and chronic disease prevention in the community setting
- › Understanding of how the social determinants of health influence the health of individuals and communities
- › Understanding of project planning, implementation, and evaluation; and
- › Experience working within a public health program in a community setting

## What's on offer?

A flexible, innovative, and dynamic organisation with engaged knowledgeable staff and volunteers with the added benefits of competitive remuneration and salary packaging.

This is a fantastic opportunity to work with one of Australia's leading not-for profit organisations that has a positive influence on the lives of thousands of Australians each year. If you are passionate about making an impact, and want to be part of an organisation that is making a real difference in people's lives, please forward your resume with a covering letter to [recruitment@strokefoundation.org.au](mailto:recruitment@strokefoundation.org.au)

The Stroke Foundation embraces cultural diversity and strongly encourages suitably qualified people from all cultural backgrounds to apply.

Stroke Foundation is a bi-partisan organisation that delivers advocacy activities in line with the Australian Charities and Not-for-profits Commission (ACNC) guidelines. <https://www.acnc.gov.au/>