

Empowering, Supporting, Connecting

Stroke Strategy 2024



Our Vision: A world free from disability and suffering caused by stroke



Our Mission

Prevent Stroke

We will *empower* a greater proportion of adult Australians to recognise the risks of stroke which can be changed, and in doing so increase their chances of preventing stroke.

Save Lives

We will *support* hospitals and healthcare providers across Australia to strengthen their capabilities in stroke care and rehabilitation services.

Enhance Recovery

We will reach out to those impacted by stroke to ensure more Australians can *connect* with and access trustworthy information, resources, and post-stroke support.

By 2024

65%

of adult Australians will recognise the **stroke risks** that they can **change**.

93%

of **acute services** and

86%

of **rehabilitation services** will meet **best-practice** requirements.

85%

of Australians will be **connected** to **Stroke Foundation** and enabled to **navigate** the **ongoing support** they need to **live well after stroke**.

Enabling Goals



Improve our people capability and performance



Align our research for greatest impact



Grow our profile and funding for mission activity

Strategic Actions

Prevent Stroke

- › **Reduce the risk of stroke from high blood pressure** by piloting an awareness and education program to correctly identify and manage high blood pressure.
- › **Reduce the risk of secondary stroke** by piloting the secondary prevention program Living Well After Stroke.
- › **Promote community action to reduce the risk of preventable stroke** by advocating for the establishment of a national behaviour change program.

Save Lives

- › **Strengthen foundations of best-practice stroke care** by enhancing the Living Stroke Guidelines and National Stroke Audit.
- › **Support hospitals to deliver best practice stroke care** by providing targeted quality improvement programs.
- › **Further expand the capability of health professionals in stroke care** by updating and expanding the suite of education resources.
- › **Build the capability of at-risk communities** by advocating for the delivery of a F.A.S.T. (Face. Arms. Speech. Time.) campaign that targets stroke hot spots.

Enhance Recovery

- › **Enhance the quality and reach of our information resources** by ensuring they are relevant, current, digitally enabled, inclusive and well-known.
- › **Provide better information and support to more survivors of stroke, family members and carers** through the StrokeConnect Navigator Program.
- › **Better support people with unique needs (e.g. families of childhood survivors of stroke and young adult survivors and their families)** by ensuring relevant information and support is available.
- › **Better support people in diverse communities (e.g. Aboriginal and Torres Strait Islander and culturally and linguistically diverse communities)** by ensuring relevant and culturally-appropriate information and support is available.
- › **Expand service navigation and community access supports to survivors of stroke** by advocating for a national Stroke Navigator program.

Guiding Principles



Voice of lived
experience



Inclusive



Evidence-based



Always
improving



Collaborative



National

Contact us

☎ (03) 9670 1000 📧 strokefoundation.org.au

National Office: Level 7, 461 Bourke Street, Melbourne VIC 3000
We also have offices in Sydney, Brisbane, Perth and Hobart

*We are the trusted voice
of stroke in Australia*

