



His Excellency General the Honourable David Hurley AC DSC (Retd)
Governor-General of the Commonwealth of Australia

Message of support — Stroke Foundation

As Patron of the Stroke Foundation I want to stress the importance of calling for an ambulance if someone in your presence is displaying signs of stroke.

Time saved is a brain saved. The quicker you get someone displaying early signs of stroke to hospital for treatment, the better their chances of recovery.

There is a simple way to remember and recognise the signs of stroke.

Think F-A-S-T — fast.

F is for face — has their mouth drooped?

A stands for arms — can they raise them?

S is for speech — is it slurred?

And T is for time — time is critical. If the person you are with is displaying any of these signs, you must ring immediately for an ambulance on triple zero.

While COVID-19 has changed much about our daily lives — at least for now — it has not changed the fact that strokes are always a medical emergency.

I commend all involved in the Stroke Foundation for their important work in helping prevent stroke, save lives and enhance recovery.