

## Outline: Championing Lived Experience Contributions in Stroke Research and Care.

People with lived experience of stroke, researchers and clinicians working together (co-design) to enhance stroke outcomes.



### Wednesday 23 August 2023, Stroke2023 Conference

Venue: Centrepiece, Olympic Blvd, Melbourne, VIC 3000

Full day 9.00am – 5.00pm

Room	Time	Program item	Item description	Speakers / Facilitators
	8.40am-9.00am	<b>Arrival</b>	Stroke Foundation staff will greet lived-experience delegates	
<b>Grand Hall</b>	9.00am – 9.25am	<b>Conference Opening and Welcome, Acknowledgement of Country (25mins)</b> <i>All delegates welcome.</i>	All conference attendees are invited to join the Conference Opening in the <b>Grand Hall</b> . After this session, lived-experience delegates are invited to move to the <b>Tennis HQ Rooms 1 and 2</b> for the rest of the day's program.	Ben Clissold and Alexis McMahon (conference convenors) First Nations speaker (TBC) Saran Chamberlain, Lived-experience contributor Hon Ms Ged Kearney MP, Assistant Minister for Health and Aged Care
<b>Tennis HQ Rooms 1 and 2</b>	9.30am – 10.30am	<b>Lived-Experience Workshop 1: 'Why have a role in research' (60mins)</b> <i>Closed session for lived-experience delegates only.</i>	Session hosts, Adrian and Karly, <b>set the scene</b> and speak from experience about their motivations and journey into involvement in research, give context to different engagement levels, and approaches to advocate for self and others to create effective, successful participation. This is an <b>interactive session for lived-experience delegates</b> with opportunities to ask questions and learn from others participating.	Adrian O'Malley, Lived-experience contributor  Karly Zacharia, University of Newcastle researcher
	10.30am – 11.00am	Morning tea (30mins)	Take time for a comfort break, stretch and networking. Refreshments provided.	
<b>Tennis HQ Rooms 1 and 2</b>	11.00am – 12.30pm	<b>Lived-Experience Workshop 2: 'How to make the most of co-design in research' (90mins)</b> <i>All delegates welcome.</i>	In the first hour, three different pairs of researcher/lived-experience contributors will share some <b>real-life examples</b> of how to undertake 'co-design' (and some pitfalls to avoid). Tips and tricks and practical resources will be shared. In the last half hour, the speakers will join in a panel conversation. This is an <b>interactive session</b> with opportunities to ask	Facilitated by: Chris Lassig, Stroke Foundation Saran Chamberlain, Lived-experience contributor Elizabeth Lynch, Flinders University researcher Brooke Parsons, Lived-experience contributor Julie Bernhardt, Florey Institute researcher Vikki Cail, Lived-experience contributor John Pierce, La Trobe University researcher

You can submit questions for the panel discussions ahead of time via this [online form](#)

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			questions and learn from others participating. For <b>lived-experience delegates</b> it will build on Workshop 1. This session will also appeal to <b>researchers</b> wanting to learn more about co-design principles and get practical tips to improve how to involve those with lived experience in their research.	
	12.30pm-1.30pm	Lunch (60mins)	Lunch is provided for all conference attendees. <b>Delegates invited to participate in brief video interviews regarding co-design.</b>	
Tennis HQ Rooms 1 and 2	1.30pm – 2.35pm	<b>Co-design research abstract presentations (65mins)</b> <i>All delegates welcome.</i>	<p>The conference scientific committee has selected the best <b>co-design abstracts to be presented</b>. Each speaker will present for 10mins, with 2mins for Q&amp;A.</p> <p><b>Abstract titles include:</b></p> <ol style="list-style-type: none"> <li>1. i-REBOUND after stroke – The consumer perspective.</li> <li>2. Is it Feasible to Codesign Implementation Strategies with People with Lived Experience of Stroke to Improve Evidence-based Stroke Rehabilitation?</li> <li>3. Co-design of a tailored follow-up intervention package for people living with stroke who report who report extreme unmet needs: a two stage, three-round modified Delphi study.</li> <li>4. Making Research Summaries Accessible to People with Aphasia Following Stroke: An International Co-design Study.</li> <li>5. Co-design of a multicomponent digital Care Assistant and support Program for people after Stroke or transient ischaemic attack (CAPS).</li> </ol>	<p>Session chairs:</p> <p>Brenda Booth, Lived-experience contributor                  Felicity Bright, Auckland University of Technology researcher</p> <p>Julie Davey, Lived-experience contributor</p> <p>Elizabeth Lynch, Flinders University researcher</p> <p>Andrew Ross, Florey Institute researcher</p> <p>Sarah Wallace, University of Queensland researcher</p> <p>Jan Cameron, Monash University researcher</p>

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	2.35pm – 3.00pm	<b>Panel discussion (25mins)</b>	The co-design research abstract speakers join a panel with session facilitators for <b>discussion and interactive Q&amp;A for all conference attendees.</b>	Facilitated by: Brenda Booth, Lived-experience contributor Felicity Bright, Auckland University of Technology researcher
	3.00pm – 3.30pm	Afternoon tea (30mins)	Take time for a comfort break, stretch and networking. Refreshments provided.	
<b>Tennis HQ Rooms 1 and 2</b>	3.30pm – 4.45pm	<b>Co-design research abstract presentations (50mins)</b> <i>All delegates welcome.</i>  <b>Panel discussion and closing remarks (25mins)</b>	The conference scientific committee has selected the best <b>co-design abstracts to be presented.</b> Each speaker will present for 10mins, with 2mins for Q&A.  <b>Abstract titles include:</b> <ol style="list-style-type: none"> <li>1. Developing a Home-based, Carer-Supported Exercise Program in Australia; Perceptions of People After Stroke and Carers on the Features of Acceptability.</li> <li>2. STOPstroke – A community-based research priority setting project for stroke prevention.</li> <li>3. What are the Highest Priority Challenges for People with Communication Disability after Discharge?</li> <li>4. Co-design of Processes to Assist Research Dissemination to People with Aphasia.</li> </ol> <p>The co-design research abstract speakers join a panel with session facilitators for discussion and interactive Q&amp;A for all conference attendees.</p>	Session chairs: Elisha Deegan, Lived-experience contributor Adrian O’Malley, Lived-experience contributor Sarah Wallace, University of Queensland researcher  Emelyn Jovic, University of Tasmania researcher  Christine Farmer, University of Tasmania researcher  John Pierce, La Trobe University researcher  Emily Brogan, University of Melbourne researcher
	4.50pm	<b>Thanks everyone and safe onward journey</b>		

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